

The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION
854 Marshall street, Portland 48875

mhsca

Founded: August 15, 1955

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Email: MHSCA1954@gmail.com

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MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSIBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA: Men's Ice Hockey

MWLCA: Women's Lacrosse

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &
Cross Country

MIVCA: Volleyball

MWA: Wrestling

CONTACT INFORMATION

WEBSITE: mhsca.org

PHONE: 517-526-4575

The 2024 National High School Athletic Coaches Associations Coach of the Year Finalist for Michigan

The National High School Athletic Coaches Association National Coaches Association announces the 2023 NHSACA Coach of the Year nominees.

The national convention will be hosted by the Nebraska's Coaches Association in Bismarck, North Dakota from June 24, 2023 to June 26, 2024.

In addition, there will be a NHSACA National Coaches Hall of Fame Ceremony and a NHSACA National Coach of the Year Ceremony to recognize the best of the best.

The NHSACA selection of these finalist reflects positively upon their school and community. Nominee's selec-

tions have been based on the performance of their program over the years and/or their contribution to the sport, school, and community. These were some of the criteria to determine selection. It is indeed an honor to have been selected as one of the eight finalists for NHSACA Coach of the Year in their sport from the entire nation of nominees.

- Mr. RJ Boudro, Wrestling, Lowell, High School
- Mr. Brad Antcliff, Baseball, Beal City High School
- Mr. Eric Gajar, Tennis, Ann Arbor Greenhills, High School
- Mrs. Laurie Glass, Volleyball, Leland High School
- Mrs. Vicky Kowalski, Golf, Mercy High School
- Mr. Greg Phil, Swimming & Diving, Livonia Stevenson High School
- Mr. John Thompson, Athletic Director, Brighton High School

Mrs. Kay Johnson from Morenci & Mrs. Kris Hubbard Ottawa Lake Whiteford Schools these two legendary Michigan high school coaches will be inducted into the National High School Athletic Coaches Association Hall of Fame June 25, 2024, in Bismarck, North Dakota. The National High School Athletic Coaches Association, the professional organization of school coaches and athletic directors, (NHSACA) will induct Coach Johnson & Coach Hubbard along with member states of the NHSACA. The award will be presented June 25th as part of the NHSACA annual conference which takes place June 24-26 at the NHSACA Annual Conference in which over 500 coaches and athletic directors will participate.



Mrs. Kay Johnson from Morenci. The introduction to sports was all she needed, however, to form a lifelong passion for athletics. Johnson has coached more than her 50 season as at Morenci High School in south central Michigan. Johnson arrived at Morenci at about the same time Title IX was becoming law. Johnson said she has been happy coaching at Morenci "I just have to be patient," she said. "I enjoy the

challenge of seeing where we start to where we end. I've never been one to coach to win the first game of the season. I want to win the last."

Contributor Doug Donnelly



Mrs. Kris Hubbard of Ottawa Lake Whiteford schools conversation on coaching:



The biggest reason that I lasted so long coaching at It's the community. It's the people. There has always been a parent, or group of parents, that stepped up and did whatever needed to be done. A middle school gym and English, teacher I have seen the kids as young athlete but more than that good people who want to get better. Coach Hubbard hasn't lost the passion to work with kids, she is still a be part of it and work with



The Michigan High School Coaches Association will also have Mrs. Jean LaCliar from Bronson High School as a recipient of the Kathy Holloway Women of Inspiration Award. "The Kathy Holloway Women of Inspiration Award is presented annually to a female (s) that has promoted female athletics by coaching, serving, supporting, and/or leading high school female athletic programs.



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Rich Tompkins Multi-Sport Athlete Award
Larry Merx
Service Award
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Michigan Athletic Trainers Society (MATS)

The Michigan Athletic Trainer's Society is a professional membership organization for Athletic Trainers (AT), Athletic Training students, and others who seek to advance the profession of Athletic Training in the State of Michigan. Athletic Trainers are recognized as allied health care professionals who collaborate with physicians to optimize activity and participation of patients and clients. Athletic training encompasses the prevention, clinical evaluation and assessment, and intervention of emergency, acute, and chronic medical conditions involving impairment, functional limitations, and disabilities.



Link to site: <https://www.michiganatsociety.org/student-scholarship>



High school students, particularly males, who reported a history of concussion in the last year were more likely to engage in suicidal thoughts, planning or attempts than their no concussed peers, according to a study by a research team that includes a researcher at the University of Michigan.

Male teens who reported two or more concussions in the past year were twice as likely to report a suicide attempt than males who reported one concussion. Increased odds of suicidal behaviors were similar for females regardless of concussion frequency. This is believed to be the first known study to examine the relationship between suicidal behaviors and concussion frequency in a nationally representative sample of U.S. high school students. "From broader literature we know that brain injuries, like concussion, can precipitate or exacerbate mental health challenges," said lead author Jacob Kay, rehabilitation scientist at Prisma Health Children's Hospital and the University of South Carolina. "Our study further highlights the importance of evaluating mental health among both male and female youth that have sustained a concussion.

This is particularly true for those who have sustained multiple concussions in a short time. "Other study highlights include z 15% of students reported one or more concussions and 6% reported two or more concussions in the past year z 17% of males and 13% of females reported one or more concussions in the past year z 44% of females vs. 24% of males reported feeling sad or hopeless z 24% of females vs. 13% of males reported having suicidal thoughts z 19% of females vs. 10% of males reported planning suicide z 10% of females vs. 5% of males reported attempting suicide z 3% of females and 1% of males reported an injury from an attempted suicide Medical professionals should closely evaluate and monitor mental health in youth, especially those with a recent history of repetitive concussions In general, research indicates that females may struggle a bit more following concussion, Kay said. There are several biological and sociocultural explanations for observed sex differences that are yet to be fully understood. Though the authors emphasize caution in drawing causation from the present study, they speculate their findings indicate males may engage suicidal behaviors in a more impulsive manner.

There is also a known "silent struggle" among males regarding mental health, Kay said. "In the context of concussion, this could mean there are even fewer red flags among males intending self-harm," he said. Interest is growing in the relationship between concussions and mental health, but research on youth is lacking. This study sought to examine that association by looking at concussion frequency and mental health outcomes among biological male and female high school students. Researchers analyzed 2017 and 2019 data from 17,397 respondents from the National Youth Risk Behavior Surveillance System.

HS Students with Multiple Concussions Think More About Suicide



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Rich Tompkins Multi-Sport Athlete Award

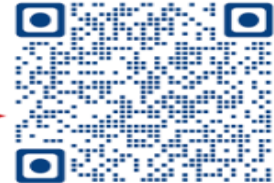
NOMINATIONS

OPEN • 15 March 2024

CLOSE • 15 April 2024

<https://forms.gle/cevGt1AcU989mB597> or Scan Code

TO OPEN NOMINATION FORM
SCAN THIS CODE:



Each school in the State of Michigan is eligible to submit one female and one male athlete.

Criteria:

- Each athlete must have participated in THREE seasons of sports sponsored by both the school and the MHSAA in all FOUR years of their high school career AT ANY LEVEL - Frosh, JV, Varsity.
- Applications must be submitted ONLINE by April 15.

Who Can Submit a Nomination

- Nominations must be submitted by the school's Athletic Administrator or a School Principal.

Award Levels:

- All nominees who meet the basic criteria (3 seasons each of four years) will receive a certificate in acknowledgement.
 - **State-Wide Award:**
 1. If the nominator (AD or Principal) believe their nominee/s (one male & one female) may be the most accomplished of all qualified nominees of their gender and school class (A, B, C, D) in the State. Nominators have the option to complete part two of the Nomination Form and include additional information (See below) about their candidate/s.
 2. One female and one male athlete in each class will be selected for the State-Wide award.
 3. Awards will be presented (whenever possible) during a Senior or Spring Sports event at the student's high school.
- *State-Wide Award winners will also receive a Rich Tompkins MHSCA scholarship.

To Complete the Online Nomination Form – Collect the Following Information:

Nominator's

- School Phone number
- Email address

Athlete's

- Address
- Phone number
- Email address

School's

- Name
- Address
- Class (A B C D)

Athlete's

- Academic Rank
 - GPA
 - Academic Honors
 - Test Scores (ACT &/or SAT)
 - Fall, Winter and Spring Sports & years participated in each (9, 10, 11, 12)
- Part Two - for "Best is State" Consideration**
- Individual honors won in Fall, Winter, and Spring Sports and years in which each were won

Team's

- Honors won Fall, Winter & Spring teams in which the nominee participated
- Athlete's Additional Accomplishments**
- Other School Awards
 - Community Activities
 - Community Awards
 - Post High School Plans

Nominations must be submitted ONLINE ONLY by 15 April

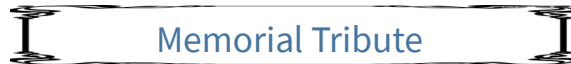
Nominators: Must be an Athletic Administrator or School Principal.

By completing the form, the nominator declares

that the nominated athlete is a student of very good standing in their school and community.
Nomination form @ <https://forms.gle/cevGt1AcU989mB597> or scan code above.

Nomination form will be available starting: 15 March and MUST Be Completed by 15 April

Questions: LarryMerx@gmail.com



Memorial Tribute

The Michigan High School Coaches Association asks for your assistance so that we can share information about the lives of coaches who are no longer with us as a tribute in memoriam.

Please help us by forwarding as much of the following information as you are able to Jim Okler at MHSca1954@gmail.com.

1. The school/s at which they coached.
2. The sports coached. The years they coached.

The MHSCA will share, when possible, the information with our membership on a regular basis. We hope this memorial tribute will be a meaningful way to help us remember, grieve and celebrate the lives of those coaches lost from our ranks. Note: As this is a new initiative, frequency and manor of the memorial tribute may be subject to revision.



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Multi-Sport Chair Position

The Board of Directors of the Michigan High School Coaches Association is seeking a highly motivated, responsible, and organized individual for the position of Multi Sport Chair. The multi sport chair will report directly to the Board of Directors.

Job responsibilities include, but are not limited to, the following:

Dealing with a variety of parent, athletic director and coach inquires.

Organizational skills to complete background work of MSA

Dealing with payment for scholarship funds

Working with the post office to do mailings.

Doing all bookkeeping using current software.

Organizing a seasonal award presentation and Distribution of MSA awards - when appropriate and necessary.

Creating and sending out email blasts to association members for MSA events and membership reminders.

Creating and printing of all materials for the Annual MSA information.

Serve as a direct liaison between the association and the MHSCA Board of Directors.

Coordinate with MHSCA Media chair to post and maintain information on webpage.

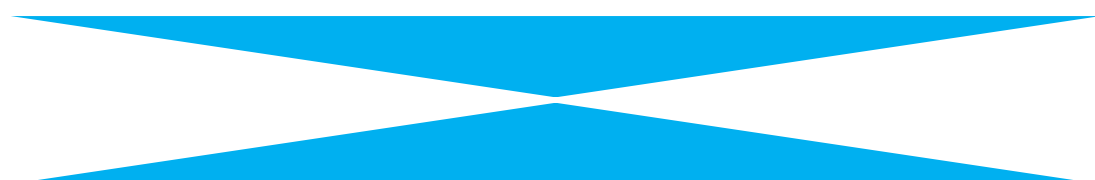
Coordinate with MHSCA for housing and travel for any events in conjunction with the MSA for board members.

Coordinate with MHSCA BOD chairs and monitor process to communicate MSA awards information.

Exercise fiscal responsibility by operating within approved budget and established guidelines.

The individual chosen as the Multi Sport Chair must have strong Interpersonal communication skills (verbal and written) and the ability to disseminate information in a timely manner.

Letter of interest should be sent to President, Debbie Williams Hoak (MHSCA1954@gamilcom) no later than March 10, 2024.



Go to the Michigan High School Coaches Associations website with a snapshot of your cell.

⇒ Open up your cell phone Using the picture app our your QR reader on your phone, check out the latest MHSCA.com





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MICHIGAN HIGH SCHOOL BASEBALL COACHES ASSOCIATION



2024 MHSBCA MEMBERSHIP

Make sure you sign-up for the 2024 Convention! It is our mission to help our members grow through staff development opportunities. If the 2025 convention is anything like 2024, you won't want to miss this event.

Remember you must be a MEMBER of the MHSBCA for your players to be eligible for post-season awards. Your \$30 yearly membership also provides \$1,000,000 liability insurance.

MICHIGAN HIGH SCHOOL BASEBALL COACHES ASSOCIATION All-Star Nomination

MICHIGAN HIGH SCHOOL BASEBALL COACHES ASSOCIATION All-Star Nomination Form – 2024 The All-Star Games this year will be played on Monday, June 18th, at 4:00 & 7:00 P.M. at Comerica Park. Nominations are due Saturday, May 11th. You are allowed to nominate 2 SENIORS, if you have 2 that really deserve to be selected. Keep in mind that most players chosen to play in these games will be future college players. YOU MUST BE A CURRENT MEMBER OF THE MHSBCA, OR YOUR NOMINATION WILL BE INVALID. SEND THIS FORM ONLINE TO: griesbd@gpschools.org

Link to form: https://cdn1.sportngin.com/attachments/document/d3ce-3143212/2024_ALL_STAR_NOMINATION_FORM.pdf?_gl=1*55c3gk*_ga*NDM2ODA1ODUyLjE3MDg4ODY1MDM.*_ga_PQ25JN9PJ8*MTcwODg4NjUwMy4xLjEuMTcwODg4NjczNi4wLjAuMA..#_ga=2.129567055.2129893848.1708886543-436805852.1708886503



The 2024 National High School Athletic Coaches Association National Coaches Convention

NDACA will be hosted by the North Dakota High School Coaches Association from June 22, 2024 to

June 27, 2024 in Bismarck, North Dakota at the Bismarck Hotel and Convention Center. There will be clinic sessions for nineteen specific sports, college credit courses, as well as plenty of time to network

with coaches from across the country. In addition, there will be a NHSACA National Coaches Hall of Fame Ceremony and a NHSACA National Coach of the Year Ceremony to recognize the best of the best.

Check out the latest National High Athletic School Coaches Association

Click on the link below https://open.spotify.com/episode/5ZuzBAdHp9gLjHc56we4My?go=1&sp_cid=8055b3ac3f6ad81deb7cf0366eb0e8b4&utm_source=embed_player_p&utm_medium=desktop&nd=1&dlsi=0aaf1c09f1b345f9



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The objective of the MHSSCA is to promote the betterment and growth of high school fast pitch softball in the state of Michigan.

MEMBER BENEFITS 2024 MEMBERS WILL BE ELIGIBLE TO RECEIVE OR PARTICIPATE IN THE FOLLOWING AREAS: (Head Coaches, Assistant, JV, Middle School, Youth and Retired Coaches are considered "Members") - Banquet - Having a voice in the association - Clinic - Receiving Awards - Century and Varsity Century Club (Awards for Coaching Wins) - Holding Office - Executive Board (All Members) - Board Of Directors (All Members) - Joint Membership into the Michigan High School Coaches Association - Million Dollar Liability Insurance Policy - Online Registration and Online Award Nomination Forms - Century Clubs - Varsity Head Coaches Only Plaque for Wins of (100,200,300,400,500,600,700,800,900,1000,1100,1200, etc...) - Years of Coaching & Service to the Association -All Members (Plaque for Years of 10,15,20,25,30,35,40,45,50, etc...) - District Coach of the Year (Head Varsity Coaches Only) - Region Coach of the Year (Head Varsity Coaches Only) - Coach Of the Year (Varsity Coaches Only) - Assistant Coach of The Year - Hall of Honor - Includes Assistant Coaches, Friends of Softball, and Officials **YOUR HIGH SCHOOL PLAYERS ARE ELEGIBLE FOR:** - All District, All Region, and All State Awards - Academic All State (Seniors Only) - \$1000 Scholarship (Seniors Only) - All Star Game (Seniors Only) **YOUR HIGH SCHOOL TEAM IS ELEGIBLE FOR:** - Academic All-State Team - Leadership & Service Award

IMPORTANT DEADLINES TO REMEMBER!!

April 15th	Academic All-State Application (both team and seniors) MHSSCA Scholarship Applicants
	Membership ONLINE and BY MAIL. IF after deadline, a late fee will result and membership dues will have to be paid to your All-District Rep at your meeting to be eligible to vote AND for your players to receive honors.
August 1st	Hall of Fame Nominations
	Assistant Coach of the Year
September 1st	Friends of Softball
	Downing/Falvo Award Nominations
	Umpire of the Year



All forms must be submitted (postmarked) by these dates. You also must be a member to receive awards for coaches, players and teams.



PURPOSE

The objective of the Michigan High School Coaches Association shall be to render service to the education of our youth through.
Fostering development and improvement in Michigan interscholastic athletics.
Securing a better understanding of the concerns of coaches and placing at their disposal sources of information for education and development.
Serving a representative group of coaches to which athletic concerns of general interest may be referred, in the hopes of creating better relationships between schools and with the public.
The promotion of good fellowship and social contacts among coaches.
The decision of members to abide by the Code of Ethics as adopted by the MHSCA.
Provide recognition of coaching excellence throughout the state, both through Coach of the Year awards and longevity honors.



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Michigan Interscholastic Track Coaches Association

The Michigan Interscholastic Track Coaches Association (MITCA) is a coaching organization with a membership of approximately twelve hundred track and field and cross-country coaches. Founded in 1959, MITCA operates under a set of by-laws and is dedicated to the education and recognition of the athlete and coach. This is achieved through several programs:

Education:

Cross Country Clinic – annually held during the second weekend of November, this clinic typically draws four hundred cross country coaches to hear noted clinicians speak on a variety of topics.

Track and Field Clinic – annually held in February, this clinic typically draws up to nine hundred track and field coaches to hear noted clinicians speak on a variety of topics.

MITCA Newsletter – published quarterly includes meet results and articles of interest covering news, training tips, etc.

Team Michigan – in the fall, a group of ten senior boys and ten senior girls qualify to run and are sponsored by MITCA in the Mid-East Meet of Champions held in Ohio, competing against teams from several surrounding states. In the spring, a track team of senior boys and girls are sponsored by MITCA to compete in the Mid-West Meet of Champions.

Free Membership – in the Michigan High School Coaches Association, including supplemental liability insurance.

Recognition:

All-State – The top thirty runners in each boys and girls division race in cross country and the top eight finishers in each event in track and field are awarded a MITCA All- State Certificates.

Academic All-State – Top finishers in cross country and track and field, in each division, meeting a minimum grade point average receive a certificate honoring their athletic and academic accomplishments.

Coach of the Year – four boys' team coaches and four girl's team coaches from each of four divisions are nominated for Coach of the Year honors. A membership vote selects the COY. (XC coaches must be members by October 1; TF coaches by May 1).

Assistant Coach of the Year and Middle School Coach of the Year – awarded to those nominated by their head coach.

15/25 Year Recognition – as coaches reach these career benchmarks, they are recognized at the cross country and track & field clinics, each receiving a certificate.

Patsy Arpeno Scholarship – two five hundred dollar scholarships are awarded via random draw to children of MITCA members in college.

"Mr./Ms. Track and Field" and "Mr./Ms. Cross Country" Awards

Track & Field and Cross Country "Dream Teams"

Hall of Fame – MITCA selects up to four coaches per year to be inducted into the MITCA Hall of Fame.

Additionally, each year a cross country and a track and field coach are recognized for life time achievement via the Ambrose and Sweeney awards respectively.



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MIVCA: Volleyball

MWA: Wrestling



be nice.
mental health foundation of west michigan

what does it mean to be nice.?
notice what is right or different
invite yourself to start a conversation
challenge the stigma
empower yourself and others with knowledge



Contact the Mental Health Foundation of West Michigan

[160 68th St. SW Suite 120 Grand Rapids, MI 49548](http://160.68th.St.SW.Suite.120.Grand.Rapids.MI.49548)
ifo@benice.org | 616.389.8601

physical

- Lack of hygiene, personal appearance
- Fatigue, lack of energy
- Overeating or loss of appetite
- Weight loss or gain
- Headaches
- Unexplained aches or pains

Below are signs and symptoms of a mental illness like depression or anxiety. A change in someone's behavior, physical appearance, or psyche lasting two weeks or longer could be a developing mental health concern.

behavioral

- Quitting favorite sport/hobby
- Avoiding social interaction
- Sudden/unlikely drug or alcohol use
- Cry frequently for no reason
- Neglect responsibilities, loss of motivation
- Can't sleep or sleep constantly

psychological

- Acting out, aggressive, quick to anger
- Heightened sadness, guilt, indecisiveness
- Lack of emotional responsiveness
- Frequent self-criticism
- Hopelessness, loneliness
- Thoughts of death or suicide

Michigan High School Sport Association
Coaches Clinic/Events
MIAAA: March 15-18, 2024 at Grand Traverse Summer Workshop June 25-27 2024 at Mt. Pleasant
Baseball: January 11 & 12, 2025 at Soaring Eagle, Mt. Pleasant
BCAM-Basketball: October 4-6 2024 at Oakland University.
Bowling : October 2024 @ TBA
MITCA: Cross Country: 2024 November 7-9th Mt. Pleasant, Comfort
Competitive Cheer: October 2024, Grand Rapids
Football: January 17-29 2025 at Lansing Center and Radisson Capitol
Golf: February 2024, Clinic, East Lansing, August 2024, Clinic, COTY, HOF Banquet, Golf, Treetops Resort
Gymnastics : October 2024 TBA
Ice Hockey October, 2024 & once a month clinic on Sunday nights. See MIHCA Website
Men's Lacrosse: January 17-29 2025 Baltimore Convention Center Baltimore, MD
Skiing: October, 2024 @ TBA
Softball: January 11 & 12, 2025 at Mt. Pleasant, Comfort Inn
Sports SAGES: March 2024 Boyne Mountain
Swimming: September 2024 Site: TBA
Tennis: January 24, 25, 2025 Site Hope College
Track & Field: January 23, 24, & 25 2025 at Lansing, Crowne Plaza Lansing West
Volleyball: February 2025 at TBA
Wrestling: Nov. 2024 TBA
NHSACA Convention: Bismarck, North Dakota June 24-26, 2024



GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Michigan High School Coaches Association and its members.

CARRIER

HDI Global Specialty (A Rated)

POLICY PERIOD

August 1, 2023 – August 1, 2024

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ Waivers: Signed waivers showing indemnification language
- ❖ Participant/Accident Insurance: You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR



Greg Joly gjoly@loomislapann.com
Lori George lgeorge@loomislapann.com
Karen Bolter kbolter@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

MHSCA Membership Benefits

- **Sport Association Voice:** The MHSCA provides member sport associations another vehicle of communication with the MHSAA. Each year the MHSCA makes a presentation to the MHSAA Representative Council representing issues of our association members.
- **Coaching Longevity Awards:** Beginning with 10 years of coaching and ascending every 5 years, coaches receive recognition for their years of coaching (10-25 years earn certificates, 30-45 years receive plaques, and at 50 years a coach will receive a special crystal recognition).
- **MHSCA Coach of the Year Recognition:** Each year one coach from your association is chosen by your association to be recognized at the MHSCA State Coach of the Year for your sport.
- **MHSCA Hall of Fame:** Each year up to 15 coaches from the state are selected for induction into the MHSCA Hall of Fame. The Hall is an actual physical entity that is located on the campus of Central Michigan University within the Student Activity Center at the entrance of the old Rose Arena. In addition to meeting the established criteria the individual's sport association must be a member association within the MHSCA.
- **MHSCA Jack Johnson Distinguished Service Award:** One person per year (teacher, coach, administrator, other) nominated by a member sport association will be honored at the September Hall of Fame banquet for outstanding service to high school sports in Michigan.
- **NOCAD Insurance:** As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors (NOCAD). This policy provides \$1,000,000 (\$2,000,000 aggregate) per member liability coverage to only members of the Michigan High School Coaches Association that pay for the additional coverage through MHSCA member sport associations. ** New members taking the NOCAD insurance liability coverage are covered on the first date that they pay their membership dues to their sport association through August 1. Members whose sport association paid their for their insurance coverage the previous year are covered August 1—August 1 if they become members of their sport association and their sport association pays their insurance premium. For \$6.00 per coach per year this coverage is hard to match. Members find more detailed information on the mhsca.org website in the "Coaches Corner" drop down link titled "Insurance."
- **Rich Tompkins Multi-Sport Award:** This award recognizes athletes that have participated in at least 3 MHSAA sports per year for the 4 years of high school. All nominees receive a high quality certificate. One boy and one girl from each of the four classes of schools (A, B, C, D) will receive a plaque and a scholarship (if eligible) as the MHSCA Rich Tompkins State Multi-Sport Athlete of the Year.
- **Gatorade Supplies:** Member sport associations receive Gatorade give-away supplies to use at their clinics or all-star games.
- **National Federation of High Schools Coach of the Year Recognition:** Each year one coach from your association is nominated by your sport association through the MHSCA to be considered for state and national level recognition.
- As a member of the MHSCA you also receive membership into the National High School Athletic Coaches Association (NHSACA) with membership benefits available.
- **NHSACA Coach of the Year Recognition:** Each year one coach from your sport association can be nominated through the MHSCA for consideration for regional and national recognitions.
- **NHSACA Hall of Fame:** The MHSCA is allowed to select two coaches each year for induction into the National High School Athletic Coaches Association Hall of Fame.
- **NHSACA Kathy Holloway Women in Sports Leadership Award:** Presented annually to a female that has promoted female athletics by coaching, serving, supporting, and/or leading high school athletic programs. The nomination process runs through the MHSCA.
- **NHSACA Distinguished Service Award:** The MHSCA has the opportunity to have one of their members receive this award every 4th year.



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854 Marshall Street, Portland, MI 48875
E-mail: mhsea1954@gmail.com

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MHSSCA: Softball

MISCA: Swimming & Diving

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Give Success the Works

NHSACA Member Savings and Solutions

Switching Insurance Companies Mid-Policy Has Never Been Easier

Are you looking for a more affordable insurance policy? Use MHSCA's partnership with Member Options to help you save money on coverage for your family.

You don't have to spend hours doing research. Speak with an agent and get multiple custom quotes from top-rated insurance carriers — such as Farmers, Travelers and Progressive — within minutes.

The quotes are free, and there are no obligations. You can simply review your options, see if a new plan covers your needs and review competitive rates.

Member Options wants to give you choices and make the transition process simple and easy. Get started with a licensed agent today by calling 833.378.8224 [Link to telephone: [833.378.8224](tel:833.378.8224)] or view details online at member-options.com/nhsaca.

Dear Coach, here are some winter discounted opportunities for business or pleasure, you can use as a member of MHSCA for your joint membership with the National High School Athletic Coaches Association Savings and Solutions Program
Phone 1-800-MEMBERS (800-636-2377) M - F 8 a.m. - 5 p.m. ET

Save with Exclusive Member Discounts



Avis
Save up to 35% off base rates with Pay Now, plus enroll in Avis Preferred®. Sign up is free and you'll earn points for every qualifying dollar you spend.



Budget
Save up to 35% off base rates with Pay Now, plus other sweet deals like complimentary upgrades.
Discount Code: R584751



LifeLock
Monitor the sensitive information that can be exposed in a data breach with Norton 360 with LifeLock. Members get 35% off the first year of membership. Terms apply.



Long-Term Care Solutions
LTC Global has developed a comprehensive educational program to provide you with all the information you need to determine which type long-term care solution is appropriate for you.



ODP Business Solutions™
Save up to 75% off regular prices on our Best Value List of preferred products. Plus receive free next-business-day delivery on qualifying orders of \$50 or more.



Travel Savings Center
Access exclusive travel savings from car rentals, hotels, and ticketing discounts to condos, villas, cruises, guided tours, and group travel packages.



Member Options
Get quotes from top-rated insurance carriers on Auto, Home, Renters, Pet, Travel and Home Warranty insurance in a matter of minutes. Call (833) 378-8224 or click logo.



Insurance | Risk Management | Consulting

D 571.282.2472
O 800-636-2377
Katharine_Ziegler@ajg.com



Follow us on Twitter @MHSCA1
We are also now on Facebook!





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		SEND TO: Hall of Fame Chair—Mark F. Holdren 854 Marshall Street, Portland, MI 48875 OR E-MAIL TO: mholdren.11@gmail.com	
<h2 style="margin: 0;">HALL OF FAME APPLICATION</h2>		OFFICE USE ONLY	Gender: _____
		APPLICATION: _____	
		SUPPORT LETTERS: _____	
<p>Criteria for MHSCA Hall of Fame Application: Only persons who have coached and/or directed a secondary school athletics (6-12) program for 20 years or more <u>and</u> actively coached in the state of Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member in "good standing" in their sport's association prior to application. In addition, preference will be given to individuals who have met the previous criteria and have been inducted into their own sport association's Hall of Fame.</p> <p style="text-align: center;"><u>Applications must have two letters of support in order to complete the application process.</u></p>			
<p><u>NOMINEE CONTACT INFORMATION:</u> Date of Birth: ____ / ____ / ____</p> <p>Name of Nominee: _____ Phone: _____</p> <p>Home Address: _____ City: _____ State: _____ Zip: _____</p> <p>Nominee E-mail: (please print carefully) _____</p>			
<p><u>NOMINATOR'S CONTACT INFORMATION:</u> The nominator is critical in working with and encouraging the nominee to complete all sections of the application, as well as, arranging for two letters of support to be sent to the Hall of Fame Chair.</p> <p>Name of Nominator: _____ Phone: _____</p> <p>Home Address: _____ City: _____ State: _____ Zip: _____</p> <p>Nominee E-mail: (please print carefully) _____</p>			
<p><u>CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED:</u></p> <p>School _____ Year's at School: _____</p> <p>Address _____ City _____ State _____ Zip _____</p> <p>Current Athletic Director Name: _____ Phone: _____</p> <p>Athletic Director E-Mail Address _____</p> <p style="text-align: center; font-size: x-small;">*****ONLY LIST A SECOND SCHOOL IF THERE IS AN EQUAL AFFILIATION*****</p> <p>School _____ Year's at School: _____</p> <p>Address _____ City _____ State _____ Zip _____</p> <p>Current Athletic Director Name: _____ Phone: _____</p> <p>Athletic Director E-Mail Address _____</p>			
<p>PLEASE COMPLETE THE BACKSIDE OF THIS PAGE</p>			



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E-mail: mhsc1954@gmail.com

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Larry Merx

Service Award

Steve Porter

Constitution

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MHSHCA-Ice Hockey

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MHSSCA: Softball

MISCA: Swimming & Diving

MHStECA: Tennis

MITCA: Track & Field &

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MIVCA: Volleyball

MWA: Wrestling

Page 2 of 3

COACHING LONGEVITY: Please provide all information for all sports coached during your career. Do not use abbreviations.

Years Coached (e.g.: 1995-2000)	Sport Coached (e.g.: Boys Basketball)	Level (e.g.: Junior Varsity)	# of Seasons (e.g.: 8)

COACH OF THE YEAR RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

COACH OF THE YEAR	Name of the Recognition-Sport (Lansing State Journal Dream Team-Softball)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area / Newspaper / County / All Star			
League			
District / Regional			
State			
National			
Other			

TEAM RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name and Sport (Michigan Wrestling Association—Regional Coach of the Year)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
League [Conference] Championships			
District Titles			
Regional Titles			
State Finishes			
Other (e.g.: MHSAA Sportsmanship Award)			
Career Varsity Record	Sport: _____	Win: _____	Loss: _____ Tie: _____
	Sport: _____	Win: _____	Loss: _____ Tie: _____

PLEASE COMPLETE THE NEXT PAGE



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INDIVIDUAL ATHLETES COACHED: Please provide all information for all sports coached during your career. Do not use abbreviations.

Information—cumulative totals of each category	
All State Individual (medalists only)	
Individual State Champions	
Elite Athletes Coached (e.g.: Mr. Wrestler, Detroit Free Press All-State, All American)	
All State Individuals (coaches selections)	
Other:	

SPORT LEADERSHIP ROLES AND CONTRIBUTIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

Name of the Leadership Role or Contribution (e.g.: Lansing State Journal Dream Team)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area/League Officer		
Sport Association Board Member		
MHSAA Committees		
National Committees		
Sport Association Clinic Presenter		
Other		

COACHING HALL OF FAME RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

Name of Hall of Fame and Sport (Use complete name of recognition—no abbreviations)	Year (e.g.: 1997)
Area / School / Booster Club / Other Hall of Fame	
State Sport Association Hall of Fame	
National Sport Association Hall of Fame	

My signature acknowledges that the information provided on this application is true and accurately reflects my coaching career.

_____ signature

THANK YOU FOR COMPLETING THE HALL OF FAME APPLICATION



Executive Board

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MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE
10/15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD
GENERAL REQUIREMENTS

- The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. *The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied if it is a school sponsored interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys' and girls' basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

PROCEDURE FOR RECEIVING AWARD

- Complete the application forms (2) and mail to: Steve Porter, Years of Service Awards
 - 1250 Mooreville Rd. Milan, Mi. 48160, or E-mail to: coachporter51@gmail.com
 - Certificates will be sent to your home address. Please allow four (4) weeks for processing.
- Plaques will be mailed to your home address. Please allow six (6) weeks for processing

MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

___ 15 Years ___ 20 Years ___ 25 Years ___ 30 Years ___ 35 Years ___ 40 Years ___ 45 Years ___ 50 Years

Name (as it is to appear on award) _____

Best Phone _____ Email Address: _____

Home Address _____

Home City _____ Home State _____ Home Zip _____

Michigan High School Sports Association: _____ (MITCA, BCAM, etc.)

Signature of Coach _____

Signature of AD or Principal * _____ Phone Number: _____

Printed Name of Administrator: _____ Email: _____

Send Completed form to: Steve Porter, Years of Service Awards 1250 Mooreville Rd. Milan, Mi. 48160

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA



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MWA: Wrestling

NAME: _____							
COACHING SERVICE AWARD WORKSHEET							
School	School	Sport	School	School	Sport		
Year	School	Sport	Year	School	Sport		
(Example)	(Example)	(Example)	(Example)	(Example)	(Example)		
1	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC	BBSK
2	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN	BBSK
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS	BBSK
	1960-61				2000-2001		
	1961-62				2001-2002		
	1962-63				2002-2003		
	1963-64				2003-2004		
	1964-65				2004-2005		
	1965-66				2005-2006		
	1966-67				2006-2007		
	1967-68				2007-2008		
	1968-69				2008-2009		
	1969-70				2009-2010		
	1970-71				2010-2011		
	1971-72				2011-2012		
	1972-73				2012-2013		
	1973-74				2013-2014		
	1974-75				2014-2015		
	1975-76				2015-2016		
	1976-77				2016-2017		
	1977-78				2017-2018		
	1978-79				2018-2019		
	1979-80				2019-2020		
	1980-81						
	1981-82						
	1982-83						
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	1986-87						
	1987-88						
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	1991-92						
	1992-93						
	1993-94						
	1994-95						
	1995-96						
	1996-97						
	1997-98						
	1998-99						
	1999-2000						

SPORT CODE

BSB, BBSK, GBSK, BBWL, GBWL, CHR, BCC, GCC
 FB, BGLF, GGLF, GYM, HCK, BLAX, GLAX, BSKI, GSKI,
 BSCR, GSCR, SFB, BSWM, GSWM, BTEN, GTEN,
 BTRK, GTRK, VB, WR

SCHOOL or SERVICE CODE

(Example)

MCHS	Mt. Clemens HS
USAF	US Air Force



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Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.

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2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academical-ly, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- To recognize a person who has positively impacted interscholastic athletics in a significant way.
- To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- To confirm and honor a superior servant by his/her peers and colleagues.
- To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic athletics.

Required information for completed application:

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
Larry Merx

Service Award
Steve Porter

Constitution
Kim Spalsbury

Finance
Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health
Ron Landfair & Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors
MHSBCA: Baseball
BCAM: Basketball
MHSIBCA: Bowling
CCCAM: Competitive Cheer
MHSFCA: Football
MIGCA: Golf
MHSGCJA: Gymnastics
MHSICA-Ice Hockey
MHSLCA: Men's Lacrosse
MHSSCA: Skiing
MHSSCA: Softball
MISCA: Swimming & Diving
MHSTeCA: Tennis
MITCA: Track & Field & Cross Country
MIVCA: Volleyball
MWA: Wrestling

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons: (attach separate)

Completed application can be submitted to MHSca1954@gmail.com

Sponsorship Opportunities

Active Link on the MHSCA Website: (July 1-June 30) \$1,000.00

- Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page

- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$100.00
- 2 Sports \$ 500.00
- 3 Sports \$ 1000.00
- 4 Sports \$ 2500.00
(Buy 3, get 1 Free)
- All 15 Sports \$ 10,000.00 (\$ 4,000.00 savings)

- Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- Two (8) Complimentary tickets to the Awards Banquet

- Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet

- Recognition/Advertising in Coach of the Year Awards Program

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website

Sponsor a MHSCA Service Awards Station: \$300.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.

- Presentation of the Service Award at the Coach of the Year Awards banquet

- Placement of your company's Logo on award certificates and plaques.

- Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website.

Sponsor a Hospitality Station (assessable to all registrants and guests): \$300.00

- Company signage promoting your company as the sponsor of this event

- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

MHSCA Contact Information:

Mark Holdren, Executive Secretary
845 Marshall St.
Portland, MI 48875

Phone: 517.526.4575

- [The MHSCA Board of Directors Meetings & Events](#)
- MHSCA Hall of Fame Committee Meeting, February TBA, 2024 @ conducted in person & virtual- East Lansing HS
 - MHSCA Finance Committee meeting, March 3, 2024 Board of Directors Spring Board Meeting March 03, 2024 conducted in person & virtual
 - Board of Directors Fall Board Meeting September 15, 2024
 - Hall of Fame Banquet September 15, 2024 @ CMU
 - Winter Board Meeting & COTY Banquet November 10, 2024 @ Lansing Area

MHSCA BOARD OF DIRECTORS & EXECUTIVE COMMITTEES CALENDAR

MHSCA Sponsors



Executive Director

James M. Okler, CMAA
MHSCA1954@gmail.com