

The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION
854 Marshall street, Portland 48875

mhsca

Founded: August 15, 1955

EXECUTIVE BOARD

Executive Director
James M. Okler,

Email: MHSCA1954@gmail.com

Executive Secretary
Mark Holdren

Email: mholdren.11@gmail.com

President
Darrin Millar

1st Vice President
Ron Landfair

2nd Vice President
Dave Kowalski

3rd Vice President
Doug Haggart

Past President
Debbie Williams-Hoak

MEMBER ASSOCIATIONS

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSIBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA: Men's Ice Hockey

MWLCA: Women's Lacrosse

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &
Cross Country

MIVCA: Volleyball

MWA: Wrestling

CONTACT INFORMATION

WEBSITE: mhsca.org

PHONE: 517-526-4575

Class of 2023 MHSCA State Coach of Year



Front Row (L-R) Girls Track & Field—Brandon Jiles-Oak Park, Girls Golf-Vicki Kowlaski, Boys Wrestling-Brian Ranger, Girls Wrestling-Jamie Smith, Girls Cross Country-Julie Duffing, Boys Track & Field –Asa Kelly, Boys Golf-Kim Napieralski, Gymnastics-Jamie Kline, Boys Skiing-KC McGovern

Second Row (L-R) Competitive Cheer-Candace Fahr, Girls Tennis-AnnMarie Michol, Girls Skiing-James Netzley, Football-Leo Gorzinski, Girls Lacrosse-Chad Pastor

Third Row (L-R) Boys Bowling-Suzy Thayer, Girls Bowling-Gerald Raynor, Softball-Rich Sullivan, Volleyball-Jonathan Thelen, Girls Swimming & Diving-Kyle Stumpf, Boys Swimming & Diving-Ricky Forrest, Boys Tennis-Kyle Kreps, Girls Basketball-Scott Neumeyer, Boys Basketball-Steve Hall, Boys Lacrosse-Rob Demeron, Eric Swager

Back Row (L-R) Athletic Director-John Thompson-Brighton, Baseball-Brad Antcliff,

The Michigan High School Coaches Association, the professional organization of school coaches and athletic directors, (MHSCA) hosted its annual state Coach of the Year ceremony in person on November 12, 2023

The 2023 MHSCA state Coach of the Year award presentation for 27 coaches & athletic director from 18 state sports associations took place at the RAMADA LANSING HOTEL AND CONFERENCE CENTER. Over 27 coaches, athletic directors and 130 guests participated.

Congratulations to MHSCA State Coach of the Year recipients. The selection and nomination for these awards comes from each coach's constituent sport association and through the Michigan High School Coaches Association.

The selection of these MHSCA state coach of year coaches reflects positively on their schools and community. Coach

of the Year selections are based on the performance of their programs over the years and/or their contribution to the sports, schools, and communities.

It is indeed an honor to have been selected as Michigan High School Coaches Association State Coach of the Year in their sports from the entire State of nominees.

Please check the MHSCA website for photos and to download a version of the event program.

The MHSCA is a 66-year-old association with nearly 16,000 members serving as athletic administrators, all levels of coaches in high schools and junior high/middle schools throughout the Great State of Michigan.

The Michigan High School Coaches Association works to promote the educational value of interscholastic athletics and the role of athletic administrators and coaches.

The MHSCA are very proud to spotlight 27 State Coaches and Athletic Director – are persons whose work and values best mirror those of the association.

CONGRATULATIONS 2023, MHSCA State Coaches of the Year.





Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:

Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award

Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSIBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling



Michigan High School Ski Coaches Association

Original Objectives

- A. To work for the betterment and growth of ski racing in Michigan.
- B. To encourage and help expand participation in skiing at all levels.
- C. To secure a better understanding of the problems of coaching and to place at the disposal of all ski coaches' sources of information.
- D. To promote the highest possible professional standards in ski coaching.
- E. To study proposed rule changes and make recommendations when considered necessary to the MHSCA.
- F. To promote a harmonious relationship among coaches in all sports.
- G. To have direct involvement in

the selection of All State Ski Teams, elect regional state coaches of the year, as well as a Ski Coaches Hall of Fame.

H. To have in season team rankings on a statewide basis.

Membership

Active, Honorary, Lifetime - Memberships Available
Membership year if from November 1- October 31
Members: Have a voice and vote at all general meetings of the association, receive all publications of the association, Be eligible

The following Ski Coaches met to form the MHSSCA and write the By-Laws governing its activities.

Al Cuthrell Bloomfield Hills Andover
Dan Dunsmore Traverse City
Ed Haley Waterford Kettering
Charles Harris Huron Valley Lake-land, Bill Miilu Grand Blanc
Marty Neighbors Milford
Miller Schuck Flint Carmen Ainsworth, Mike Weiland Grayling



Memorial Tribute

The Michigan High School Coaches Association asks for your assistance so that we can share information about the lives of coaches who are no longer with us as a tribute in memoriam.

Please help us by forwarding as much of the following information as you are able to Jim Okler at MHSca1954@gmail.com.

1. The school/s at which they coached.
2. The sports coached. The years they coached.

The MHSCA will share, when possible, the information with our membership on a regular basis. We hope this memorial tribute will be a meaningful way to help us remember, grieve and celebrate the lives of those coaches lost from our ranks. Note: As this is a new initiative, frequency and manner of the memorial tribute may be subject to revision.



Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:

Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

- MIAAA: Athletic Directors
- MHSBCA: Baseball
- BCAM: Basketball
- MHSIBCA: Bowling
- CCCAM: Competitive Cheer
- MHSFCA: Football
- MIGCA: Golf
- MHSGCJA: Gymnastics
- MHSHCA-Ice Hockey
- MHSLCA: Men's Lacrosse
- MHSSCA: Skiing
- MHSSCA: Softball
- MISCA: Swimming & Diving
- MHSTeCA: Tennis
- MITCA: Track & Field & Cross Country
- MIVCA: Volleyball
- MWA: Wrestling



The Board of Directors selected the Singles and Doubles All-State teams in each division. After that, each division chose a senior #1 singles player as their nominee for Mr. Tennis; from this group, an overall Mr. Tennis was chosen. This year's "Bob Wood Mr. Tennis" Award goes to Division 1 Sachiv Kumar, Northville and The Tiger Teusink, Miss Tennis Award Alicen Liu, Novi

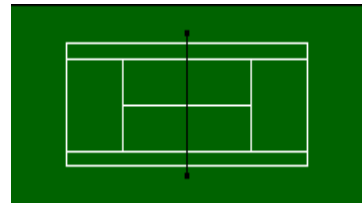
Also at the meeting, the board selected the Coach of the Year for each division. Winners for the 2023 Boys Season are as follows: Division 1, Anmarie Michol Utica Division 2, Ryan Hankinson Reeths-Puffer Division 3, Steve Lubbers Hamilton and Division 4, Mark Sloan Grayling. The MHSTeCA

State Boys Tennis Coach of the Year went to Bradley Miedema from Hudsonville Unity Christian.

Ed Waits has put together a great history of our association on our website. Tennis reporting, the online match and score reporting system, has improved multiple items for coaches. Home coaches can now enter scores from a match and then visiting coaches can either approve if all scores are correct, or request corrections if an error was found. Senior All Academic Awards have been well received as the board

adopted this within the last year.

During the annual clinic will be January 26 and 27 at Hope College in Holland. On January 26, 2024, at the Hall of Fame banquet, three coaches will be inducted into the Hall of Fame: Jim Jonas, Fowlerville, Don Leavy, Fenton & Grand Blanc Rahn Rosentreter, Chelsea



Rich Tompkins Multi-Sport Athlete Award

NOMINATIONS CLOSE • 15 April 2023

Nominations at:

<https://forms.gle/cevGt1AcU989mB597>
Or Scan Code at Right

Each school in the state of Michigan is eligible to submit one female and one male athlete.

Criteria:

- Each athlete must have participated in THREE seasons of sports sponsored by both the school and the MHSAA in all FOUR years of their high school career AT ANY LEVEL - Fresh, JV, Varsity. *Excluding COVID Spring Season 2020.
- Applications must be submitted ONLINE by April 15.

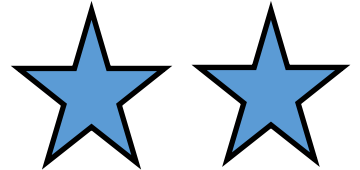
Who Can Submit a Nomination

- Nominations must be made in the name of the school's athletic Administrator or a school principal.

Award Levels:

- All nominees who meet the basic criteria will receive a certificate in acknowledgement.
- **State-Wide Award:**
 1. If they believe their nominee/s may be the most accomplished of all qualified nominees of their gender and school class (A, B, C, D) in the State of Michigan. Nominators will have the option to proceed to part two of the Nomination Form and include additional information about their candidate/s,
 2. One female and one male athlete in each class will be selected for the State-Wide award.
 3. Awards will be presented (whenever possible) during a Senior or Spring Sports event at the student's high school. *State-Wide Award winners will also receive a Rich Tompkins MHSACA scholarship.

TO OPEN NOMINATION FORM SCAN THIS CODE:





Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:

Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award

Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors
MHSBCA: Baseball
BCAM: Basketball
MHSIBCA: Bowling
CCCAM: Competitive Cheer
MHSFCA: Football
MIGCA: Golf
MHSGCJA: Gymnastics
MHSICA: Ice Hockey
MHSCLA: Men's Lacrosse
MHSSCA: Skiing
MHSSCA: Softball
MISCA: Swimming & Diving
MHSTeCA: Tennis
MITCA: Track & Field & Cross Country
MIVCA: Volleyball
MWA: Wrestling

CCCAM Competitive Cheer Coaches Association of Michigan

BENEFITS OF CCCAM

Competitive Cheer Scores

CCCAM.org is the official resource center for the Competitive Cheer Coaches Association of Michigan.

Membership benefits, scholarship opportunities, award winners and job opportunities can always be found on our website.

CCCAM now sponsors and maintains the Michigan Competitive Cheer website as a resource to coaches and cheer fans to provide available competitions, results from competitions and to register to host a competition!

Fall Summit

The Fall Summit is the educational highlight of the year for CCCAM Members!

Planned for each fall, Summit brings together coaches from across the state to share knowledge of the sport.

Scholarship Invitational

For details on attending schools, visit the [Michigan Competitive Cheer](http://Michigan Competitive Cheer website) website.

Scholarship recipients and amounts are determined from the proceeds of the Scholarship Invitational.

Results on Scholarship recipients are announced in late February/early March.

Academic All State

Member coaches can recognize all athletes with a 3.8 GPA and higher.

All teams with a cumulative GPA of 3.0 and above are recognized as well. Previous [team and individual winners](#) can be found on the CCCAM website.

All State

Outstanding athletes will be recognized at the District, Regional and State level.

[All-State teams](#) will be posted the

website.

Coach of the Year Award

This year, at the district & regional level, we recognized coaches from all over the state.

A Michigan Competitive Cheer Coach of the Year has been selected from these nominees and will be honored at the state level.

Mentor Program

Are you a new coach looking for help & guidance?

OR Are you an experienced coach who is willing to help out your fellow colleagues?

We are working to grow our Mentor Program!

Please [click here](#) to sign up to be a Mentor Coach OR if you are looking for a Mentor!

Summer and Fall are the best times to reach out & make a plan for the Competitive Season!



Follow us on Twitter @MHSOCA1

We are also now on Facebook!



Michigan High School Sport Association	
Coaches Clinic/Events	
MIAAA: March 15-18, 2024 at Grand Traverse	
Summer Workshop June 25-27 2024 at Mt. Pleasant	
Baseball: January 12 & 13, 2024 at Soaring Eagle, Mt. Pleasant	
BCAM-Basketball: October 4-6 2024 at Oakland University.	
Bowling : October 2024 @ TBA	
MITCA: Cross Country: 2024 November 8-10th Mt. Pleasant, Comfort	
Competitive Cheer: October 2024, Grand Rapids	
Football: January 18-20 2024 at Lansing Center and Radisson Capitol	
Golf: February 2024, Clinic, East Lansing, August 2024, Clinic, COTY, HOF Banquet, Golf, Treetops Resort	
Gymnastics : October 2024 TBA	
Ice Hockey October, 2024 & once a month clinic on Sunday nights. See MIHCA Website	
Men's Lacrosse: January 18-20 2024 Baltimore Convention Center Baltimore, MD	
Skiing: October, 2024 @ TBA	
Softball: January 12 & 13, 2024 at Mt. Pleasant, Comfort Inn	
Sports SAGES: March 2024 Boyne Mountain	
Swimming: September 2024 Site: TBA	
Tennis: January 26, 27, 2024 Site Hope College	
Track & Field: January 25, 26, & 27 2024 at Lansing, Crowne Plaza Lansing West	
Volleyball: February 2024 at TBA	
Wrestling: Nov. 2023 See MWA website	
NHSACA Convention: Bismarck, North Dakota June 24-27	



GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Michigan High School Coaches Association and its members.

CARRIER

HDI Global Specialty (A Rated)

POLICY PERIOD

August 1, 2023 – August 1, 2024

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ Waivers: Signed waivers showing indemnification language
- ❖ Participant/Accident Insurance: You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislappann.com

INSURANCE ADMINISTRATOR



Greg Joly gjoly@loomislappann.com
Lori George lgeorge@loomislappann.com
Karen Bolter kbolter@loomislappann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

MHSCA Membership Benefits

- **Sport Association Voice:** The MHSCA provides member sport associations another vehicle of communication with the MHSAA. Each year the MHSCA makes a presentation to the MHSAA Representative Council representing issues of our association members.
- **Coaching Longevity Awards:** Beginning with 10 years of coaching and ascending every 5 years, coaches receive recognition for their years of coaching (10-25 years earn certificates, 30-45 years receive plaques, and at 50 years a coach will receive a special crystal recognition).
- **MHSCA Coach of the Year Recognition:** Each year one coach from your association is chosen by your association to be recognized at the MHSCA State Coach of the Year for your sport.
- **MHSCA Hall of Fame:** Each year up to 15 coaches from the state are selected for induction into the MHSCA Hall of Fame. The Hall is an actual physical entity that is located on the campus of Central Michigan University within the Student Activity Center at the entrance of the old Rose Arena. In addition to meeting the established criteria the individual's sport association must be a member association within the MHSCA.
- **MHSCA Jack Johnson Distinguished Service Award:** One person per year (teacher, coach, administrator, other) nominated by a member sport association will be honored at the September Hall of Fame banquet for outstanding service to high school sports in Michigan.
- **NOCAD Insurance:** As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors (NOCAD). This policy provides \$1,000,000 (\$2,000,000 aggregate) per member liability coverage to only members of the Michigan High School Coaches Association that pay for the additional coverage through MHSCA member sport associations. ** New members taking the NOCAD insurance liability coverage are covered on the first date that they pay their membership dues to their sport association through August 1. Members whose sport association paid their for their insurance coverage the previous year are covered August 1—August 1 if they become members of their sport association and their sport association pays their insurance premium. For \$6.00 per coach per year this coverage is hard to match. Members find more detailed information on the mhsca.org website in the "Coaches Corner" drop down link titled "Insurance."
- **Rich Tompkins Multi-Sport Award:** This award recognizes athletes that have participated in at least 3 MHSAA sports per year for the 4 years of high school. All nominees receive a high quality certificate. One boy and one girl from each of the four classes of schools (A, B, C, D) will receive a plaque and a scholarship (if eligible) as the MHSCA Rich Tompkins State Multi-Sport Athlete of the Year.
- **Gatorade Supplies:** Member sport associations receive Gatorade give-away supplies to use at their clinics or all-star games.
- **National Federation of High Schools Coach of the Year Recognition:** Each year one coach from your association is nominated by your sport association through the MHSCA to be considered for state and national level recognition.
- As a member of the MHSCA you also receive membership into the National High School Athletic Coaches Association (NHSACA) with membership benefits available.
- **NHSACA Coach of the Year Recognition:** Each year one coach from your sport association can be nominated through the MHSCA for consideration for regional and national recognitions.
- **NHSACA Hall of Fame:** The MHSCA is allowed to select two coaches each year for induction into the National High School Athletic Coaches Association Hall of Fame.
- **NHSACA Kathy Holloway Women in Sports Leadership Award:** Presented annually to a female that has promoted female athletics by coaching, serving, supporting, and/or leading high school athletic programs. The nomination process runs through the MHSCA.
- **NHSACA Distinguished Service Award:** The MHSCA has the opportunity to have one of their members receive this award every 4th year.



Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsea1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:

Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award

Larry Merx
Service Award
Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair & Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors
MHSCA: Baseball
BCAM: Basketball
MHSBCA: Bowling
CCCAM: Competitive Cheer
MHSFCA: Football
MIGCA: Golf
MHSGCJA: Gymnastics
MHSICA-Ice Hockey
MHSLCA: Men's Lacrosse
MWLCA: Women's Lacrosse
MHSSCA: Skiing
MHSSCA: Softball
MISCA: Swimming & Diving
MHSTeCA: Tennis
MITCA: Track & Field & Cross Country
MIVCA: Volleyball
MWA: Wrestling

Newsletter from the

Empowering Coaches: Strategies for Supporting Youth from Struggling Homes in Athletics



As coach, it's essential to support students who come from struggling homes. These kids may face various challenges, and coaches can play a vital role in providing them with a positive and supportive athletic experience. Here's a list of strategies to help coaches coach kids from such backgrounds:

Build Trust and Rapport: Coaches should invest time in building trust and positive relationships with each child. Make an effort to understand their backgrounds and unique circumstances.

Effective Communication: Ensure that coaches communicate clearly and listen attentively. Kids from struggling homes might have communication challenges, and coaches should be patient and empathetic.

Set Realistic Goals: Help coaches establish achievable goals for each child. These goals should be based on the child's abilities and circumstances, with a focus on improvement rather than winning.

Flexible Scheduling: Recognize that kids from struggling homes might have irregular schedules due to family commitments. Coaches should be flexible and accommodating when it comes to practice times and game schedules.

Financial Assistance: Work to provide scholarships or financial assistance for registration fees, equipment, and uniforms to ensure that all children have equal access to sports.

Provide Transportation: If possible, arrange transportation or carpooling options

to help kids get to practices and games, especially if they lack reliable transportation.

Mentorship Programs: Implement mentorship programs where experienced athletes or coaches can provide additional support and guidance to kids facing challenges at home.

Safe and Inclusive Environment: Create a welcoming, inclusive, and safe environment for all athletes. Encourage coaches to address bullying or discrimination promptly.

Counseling Resources: Partner with local counseling services or therapists who can provide support to children who may be dealing with emotional or psychological challenges.

Nutrition and Hydration: Educate coaches on the importance of proper nutrition and hydration, especially for children who may have limited access to healthy meals at home.

Educational Support: Encourage coaches to monitor and support the academic progress of the athletes. Offer tutoring or study sessions if needed.

Positive Reinforcement: Emphasize the importance of positive reinforcement and constructive feedback. Coaches should focus on celebrating achievements, no matter how small.

Community Involvement: Engage the community in supporting these athletes. This can include local businesses providing

sponsorships or volunteers helping with

events and fundraisers.

Emphasize Character Development: Coaches should prioritize teaching values such as discipline, teamwork, responsibility, and resilience. These life skills can be especially beneficial for children facing adversity.

Regular Check-Ins: Coaches should regularly check in with the kids individually to understand their needs, challenges, and personal goals.

Family Engagement: Encourage coaches to involve parents or guardians as much as possible, considering the family's situation. This can help build a support network for the child.

Conflict Resolution Skills: Train coaches in conflict resolution techniques to help kids handle challenges both on and off the field.

Access to Resources: Provide coaches with information on local resources, such as food banks, housing assistance, and healthcare services, which may be useful for the athletes' families.

Remember that your role as a coach plays a significant role in the lives of young athletes, and by implementing these strategies, you can make a positive impact on the children coming from struggling homes. Additionally, coaches should remain empathetic, patient, and supportive, as they can be influential mentors and role models for these kids.

Check out the latest National High Athletic School Coaches Association

Click on the link below

<https://national-high-school-athletic-coaches-association.ghost.io/educate-and-elevate-nhsaca-newsletter/>

The 2024 National High School Athletic Coaches Association National Coaches Convention will be hosted by the North Dakota High School Coaches Association from June 22, 2024 to June 27, 2024 in Bismarck, North Dakota at the Bismarck Hotel and Convention Center. There will be clinic sessions for nineteen specific sports, college credit courses, as well as plenty of time to network with coaches from across the country. In addition, there will be a NHSACA National Coaches Hall of Fame Ceremony and a NHSACA National Coach of the Year Ceremony to recognize the best of the best.



Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsea1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:
Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award

Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSIBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling



be nice.
mental health foundation of west michigan

what does it mean to **be nice.**?
notice what is right or different
invite yourself to start a conversation
challenge the stigma
empower yourself and others with knowledge



Contact the Mental Health Foundation of West Michigan

[160 68th St. SW Suite 120 Grand Rapids, MI 49548](http://160.68th.St.SW.Suite.120.Grand.Rapids.MI.49548)
ifo@benice.org | 616.389.8601

physical

- Lack of hygiene, personal appearance
- Fatigue, lack of energy
- Overeating or loss of appetite
- Weight loss or gain
- Headaches
- Unexplained aches or pains

Below are signs and symptoms of a mental illness like depression or anxiety. A change in someone's behavior, physical appearance, or psyche lasting two weeks or longer could be a developing mental health concern.

behavioral

- Quitting favorite sport/hobby
- Avoiding social interaction
- Sudden/unlikely drug or alcohol use
- Cry frequently for no reason
- Neglect responsibilities, loss of motivation
- Can't sleep or sleep constantly

psychological

- Acting out, aggressive, quick to anger
- Heightened sadness, guilt, indecisiveness
- Lack of emotional responsiveness
- Frequent self-criticism
- Hopelessness, loneliness
- Thoughts of death or suicide



Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsea1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:
Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
Larry Merx
Service Award
Steve Porter
Constitution
Kim Spalsbury
Finance
Steve Porter, Darrin Millar & Sue Miller
Understanding & Appreciating Interdependence & Mental Health
Ron Landfair &
Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors
MHBCA: Baseball
BCAM: Basketball
MHSBCA: Bowling
CCCAM: Competitive Cheer
MHSFCA: Football
MIGCA: Golf
MHSGCJA: Gymnastics
MHSICA-Ice Hockey
MHSCLA: Men's Lacrosse
MHSSCA: Skiing
MHSSCA: Softball
MISCA: Swimming & Diving
MHSTeCA: Tennis
MITCA: Track & Field & Cross Country
MIVCA: Volleyball
MWA: Wrestling

Dear Coach, here are some fall discounted opportunities for business or pleasure, you can use as a member of MHSCA for your joint membership with the National High School Athletic Coaches Association. Enjoy discounts, just enroll to receive free perks like: National High School Athletic Coaches Association Savings and Solutions Program
Phone 1-800-MEMBERS (800-636-2377) M - F 8 a.m. - 5 p.m. ET
Email: enroll@1800members.com

- o Registration triggers an email invite they can add to calendar, and reminder email
- o Run time is approximately 22 minutes
- o Presents a survey when a participant exits asking if they'd like to be contacted by a consultant
- o Global mute, chat open, and questions not answered during webinar are handled by assigned consultant
- o Advertise as many webinars as you would like. There's no central place where the entire schedule can be seen, so you will have to use individual links for specific dates/times.

Schedule and registration links: <https://lctcp.biz/nhsaca/employees/>

- Tuesday, November 28th at 7PM ET
- Thursday, November 30th at 8AM ET
- Sunday, December 3rd at 4PM ET
- Wednesday, December 6th at 11AM ET
- Tuesday, December 12th at 1PM ET
- Thursday, December 14th at 6PM ET

- o Professional Association: November is Long-Term Care Awareness Month. Discover how long-term care insurance [LTCi] fills a vital gap in your financial plan. Did you know that LTCi premium may offer tax advantages for business owners? Learn more about our exclusive membership program today. <https://lctcp.biz/nhsaca/employees/>
- o Non-Professional Association: This November, let's prioritize Long-Term Care Awareness. Learn how long-term care insurance safeguards your financial future. Explore plans that offer asset protection for Medicaid applicants. Discover the benefits of our exclusive membership program. <https://lctcp.biz/nhsaca/employees/>



Insurance | Risk Management | Consulting

D 571.282.2472
O 800-636-2377
Katharine_Ziegler@ajg.com



Follow us on Twitter @MHSCA1
We are also now on Facebook!





Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsea1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:
Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport
Athlete Award

Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar &
Sue Miller

Understanding & Appreciating
Interdependence & Mental
Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving


MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

		SEND TO: Hall of Fame Chair—Mark F. Holdren 854 Marshall Street, Portland, MI 48875 OR E-MAIL TO: mholdren.11@gmail.com	
<h2 style="margin: 0;">HALL OF FAME APPLICATION</h2>		OFFICE USE ONLY	Gender: _____
		APPLICATION: _____	
		SUPPORT LETTERS: _____	
<p>Criteria for MHSCA Hall of Fame Application: Only persons who have coached and/or directed a secondary school athletics (6-12) program for 20 years or more <u>and</u> actively coached in the state of Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member in "good standing" in their sport's association prior to application. In addition, preference will be given to individuals who have met the previous criteria and have been inducted into their own sport association's Hall of Fame.</p> <p style="text-align: center;"><u>Applications must have two letters of support in order to complete the application process.</u></p>			
<p><u>NOMINEE CONTACT INFORMATION:</u> Date of Birth: ____ / ____ / ____</p> <p>Name of Nominee: _____ Phone: _____</p> <p>Home Address: _____ City: _____ State: _____ Zip: _____</p> <p>Nominee E-mail: (please print carefully) _____</p>			
<p><u>NOMINATOR'S CONTACT INFORMATION:</u> The nominator is critical in working with and encouraging the nominee to complete all sections of the application, as well as, arranging for two letters of support to be sent to the Hall of Fame Chair.</p> <p>Name of Nominator: _____ Phone: _____</p> <p>Home Address: _____ City: _____ State: _____ Zip: _____</p> <p>Nominee E-mail: (please print carefully) _____</p>			
<p><u>CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED:</u></p> <p>School _____ Year's at School: _____</p> <p>Address _____ City _____ State _____ Zip _____</p> <p>Current Athletic Director Name: _____ Phone: _____</p> <p>Athletic Director E-Mail Address _____</p> <p style="text-align: center; font-size: x-small;">*****ONLY LIST A SECOND SCHOOL IF THERE IS AN EQUAL AFFILIATION*****</p> <p>School _____ Year's at School: _____</p> <p>Address _____ City _____ State _____ Zip _____</p> <p>Current Athletic Director Name: _____ Phone: _____</p> <p>Athletic Director E-Mail Address _____</p>			
<p>PLEASE COMPLETE THE BACKSIDE OF THIS PAGE</p>			



Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsc1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:

Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award

Larry Merx

Service Award

Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair &

Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHStECA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

Page 2 of 3

COACHING LONGEVITY: Please provide all information for all sports coached during your career. Do not use abbreviations.

Years Coached (e.g.: 1995-2000)	Sport Coached (e.g.: Boys Basketball)	Level (e.g.: Junior Varsity)	# of Seasons (e.g.: 8)

COACH OF THE YEAR RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

COACH OF THE YEAR	Name of the Recognition-Sport (Lansing State Journal Dream Team-Softball)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area / Newspaper / County / All Star			
League			
District / Regional			
State			
National			
Other			

TEAM RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name and Sport (Michigan Wrestling Association—Regional Coach of the Year)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
League [Conference] Championships			
District Titles			
Regional Titles			
State Finishes			
Other (e.g.: MHSAA Sportsmanship Award)			
Career Varsity Record	Sport: _____ Win: _____ Loss: _____ Tie: _____		
	Sport: _____ Win: _____ Loss: _____ Tie: _____		

PLEASE COMPLETE THE NEXT PAGE



Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsca1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

President:
Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
Larry Merx
Service Award
Steve Porter
Constitution
Kim Spalsbury
Finance
Steve Porter, Darrin Millar & Sue Miller
Understanding & Appreciating Interdependence & Mental Health
Ron Landfair & Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors
MHSBCA: Baseball
BCAM: Basketball
MHSBCA: Bowling
CCCAM: Competitive Cheer
MHSFCA: Football
MIGCA: Golf
MHSGCJA: Gymnastics
MHSICA: Ice Hockey
MHSCLA: Men's Lacrosse
MHSSCA: Skiing
MHSSCA: Softball
MISCA: Swimming & Diving
MHSTeCA: Tennis
MITCA: Track & Field & Cross Country
MIVCA: Volleyball
MWA: Wrestling

INDIVIDUAL ATHLETES COACHED: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Information—cumulative totals of each category
All State Individual (medalists only)	
Individual State Champions	
Elite Athletes Coached (e.g.: Mr. Wrestler, Detroit Free Press All-State, All American)	
All State Individuals (coaches selections)	
Other:	

SPORT LEADERSHIP ROLES AND CONTRIBUTIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name of the Leadership Role or Contribution (e.g.: Lansing State Journal Dream Team)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area/League Officer			
Sport Association Board Member			
MHSAA Committees			
National Committees			
Sport Association Clinic Presenter			
Other			

COACHING HALL OF FAME RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name of Hall of Fame and Sport (Use complete name of recognition—no abbreviations)	Year (e.g.: 1997)
Area / School / Booster Club / Other Hall of Fame		
State Sport Association Hall of Fame		
National Sport Association Hall of Fame		

My signature acknowledges that the information provided on this application is true and accurately reflects my coaching career.

_____ signature

THANK YOU FOR COMPLETING THE HALL OF FAME APPLICATION



Executive Board

Executive Director:
 James M Okler, CMAA
 Executive Secretary:
 Mark F. Holdren

President:
 Darrin Millar
 1st Vice President
 Dave Kowalski
 2nd Vice President
 Ron Landfair
 3rd Vice President
 Doug Haggart
 Past President
 Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
 Larry Merx
 Service Award
 Steve Porter
 Constitution
 Kim Spalsbury
 Finance
 Steve Porter, Darrin Millar & Sue Miller
 Understanding & Appreciating Interdependence & Mental Health
 Ron Landfair & Debbie Williams- Hoak

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE
 10/15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD
GENERAL REQUIREMENTS

- The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. *The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied if it is a school sponsored interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys' and girls' basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

PROCEDURE FOR RECEIVING AWARD

- Complete the application forms (2) and mail to: Steve Porter, Years of Service Awards
 - 1250 Mooreville Rd. Milan, Mi. 48160, or E-mail to: coachporter51@gmail.com
 - Certificates will be sent to your home address. Please allow four (4) weeks for processing.
- Plaques will be mailed to your home address. Please allow six (6) weeks for processing

Member Associations

MIAAA: Athletic Directors
 MHSBCA: Baseball
 BCAM: Basketball
 MHSIBCA: Bowling
 CCCAM: Competitive Cheer
 MHSFCA: Football
 MIGCA: Golf
 MHSJCJA: Gymnastics
 MHSICA-Ice Hockey
 MHSLLCA: Men's Lacrosse
 MHSKCA: Skiing
 MHSFCA: Softball
 MHSWCA: Swimming & Diving
 MHSSTCA: Tennis
 MITCA: Track & Field & Cross Country
 MIVCA: Volleyball
 MWA: Wrestling

MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

___ 15 Years ___ 20 Years ___ 25 Years ___ 30 Years ___ 35 Years ___ 40 Years ___ 45 Years ___ 50 Years

Name (as it is to appear on award) _____

Best Phone _____ Email Address: _____

Home Address _____

Home City _____ Home State _____ Home Zip _____

Michigan High School Sports Association: _____ (MITCA, BCAM, etc.)

Signature of Coach _____

Signature of AD or Principal * _____ Phone Number: _____

Printed Name of Administrator: _____ Email: _____

Send Completed form to: Steve Porter, Years of Service Awards 1250 Mooreville Rd. Milan, Mi. 48160
 The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA



Executive Board

Executive Director:
 James M Okler, CMAA

Executive Secretary:
 Mark F. Holdren

President:
 Darrin Millar

1st Vice President
 Dave Kowalski

2nd Vice President
 Ron Landfair

3rd Vice President
 Doug Haggart

Past President
 Debbie Williams-Hoak

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
 Larry Merx

Service Award
 Steve Porter

Constitution
 Kim Spalsbury

Finance
 Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health
 Ron Landfair & Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field & Cross Country

MIVCA: Volleyball

MWA: Wrestling

NAME: _____						
COACHING SERVICE AWARD WORKSHEET						
School	Year	School	Sport	Year	School	Sport
	(Example)	(Example)	(Example)	(Example)	(Example)	(Example)
1	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC
2	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS
	1960-61				2000-2001	
	1961-62				2001-2002	
	1962-63				2002-2003	
	1963-64				2003-2004	
	1964-65				2004-2005	
	1965-66				2005-2006	
	1966-67				2006-2007	
	1967-68				2007-2008	
	1968-69				2008-2009	
	1969-70				2009-2010	
	1970-71				2010-2011	
	1971-72				2011-2012	
	1972-73				2012-2013	
	1973-74				2013-2014	
	1974-75				2014-2015	
	1975-76				2015-2016	
	1976-77				2016-2017	
	1977-78				2017-2018	
	1978-79				2018-2019	
	1979-80				2019-2020	
	1980-81					
	1981-82					
	1982-83					
	1983-84					
	1984-85					
	1985-86					
	1986-87					
	1987-88					
	1988-89					
	1989-90					
	1990-91					
	1991-92					
	1992-93					
	1993-94					
	1994-95					
	1995-96					
	1996-97					
	1997-98					
	1998-99					
	1999-2000					

SPORT CODE

BSB, BBSK, GBSK, BBWL, GBWL, CHR, BCC, GCC
 FB, BGLF, GGLF, GYM, HCK, BLAX, GLAX, BSKI, GSKI,
 BSCR, GSCR, SFB, BSWM, GSWM, BTEN, GTEN,
 BTRK, GTRK, VB, WR

SCHOOL or SERVICE CODE

(Example)

MCHS	Mt. Clemens HS
USAF	US Air Force



Jim Okler, Executive Director
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875
E-mail: mhsca1954@gmail.com

Mark F. Holdren, Exec. Secretary
Cell: 517-526-4575

Executive Board

Executive Director:
James M Okler, CMAA
Executive Secretary:
Mark F. Holdren

Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.

President:
Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President
Debbie Williams-Hoak

The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academically, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- To recognize a person who has positively impacted interscholastic athletics in a significant way.
- To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- To confirm and honor a superior servant by his/her peers and colleagues.
- To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic athletics.

Required information for completed application:

Executive Committees

Rich Tompkins Multi-Sport Athlete Award
Larry Merx

Service Award
Steve Porter

Constitution
Kim Spalsbury

Finance
Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

Ron Landfair & Debbie Williams- Hoak

Member Associations

- MIAAA: Athletic Directors
- MHSBCA: Baseball
- BCAM: Basketball
- MHSIBCA: Bowling
- CCCAM: Competitive Cheer
- MHSFCA: Football
- MIGCA: Golf
- MHSGCJA: Gymnastics
- MHSHCA-Ice Hockey
- MHSLCA: Men's Lacrosse
- MHSSCA: Skiing
- MHSSCA: Softball
- MISCA: Swimming & Diving
- MHSTeCA: Tennis
- MITCA: Track & Field & Cross Country
- MIVCA: Volleyball
- MWA: Wrestling

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons: (attach separate)

Completed application can be submitted to [MHSCA1954@gmail.com](mailto:MHSca1954@gmail.com)

Sponsorship Opportunities

Active Link on the MHSCA Website: (July 1-June 30) \$1,000.00

- Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page

- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$100.00
- 2 Sports \$ 500.00
- 3 Sports \$ 1000.00
- 4 Sports \$ 2500.00
(Buy 3, get 1 Free)
- All 15 Sports \$ 10,000.00 (\$ 4,000.00 savings)

- Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- Two (8) Complimentary tickets to the Awards Banquet

- Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet

- Recognition/Advertising in Coach of the Year Awards Program

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website

Sponsor a MHSCA Service Awards Station: \$300.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.

- Presentation of the Service Award at the Coach of the Year Awards banquet

- Placement of your company's Logo on award certificates and plaques.

- Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website.

Sponsor a Hospitality Station (assessable to all registrants and guests): \$300.00

- Company signage promoting your company as the sponsor of this event

- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

MHSCA Contact Information:

Mark Holdren, Executive Secretary
845 Marshall St.
Portland, MI 48875

Phone: 517.526.4575

The MHSCA Board of Directors Meetings & Events

- Winter Board Meeting & COTY Banquet November 12, 2023 @ Lansing Area
- MHSCA Hall of Fame Committee Meeting, February 5, 2024 @ conducted **in person & virtual**– East Lansing HS
- MHSCA Finance Committee meeting, March 3, 2024 Board of Directors Spring Board Meeting March 03, 2024 conducted **virtual**
- Board of Directors Fall Board Meeting September 15, 2024
- Hall of Fame Banquet September 15, 2024 @ CMU



MHSCA Sponsors



Executive Director

James M. Okler, CMAA

MHSCA1954@gmail.com