Issue: VIII

May 2023



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## **CONTACT INFORMATION**

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# The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION 854 Marshall street, Portland 48875

# The Rich Tompkins Multi-Sport Athletic Award 2022-23 STATE WINNERS

The Michigan High School Coaches Association (MHSCA), the professional organization of high school coaches and athletic directors, is announcing eight Senior Athletes from around the state as the MHSCA's Rich Tompkins Multi-Sport Athlete Award winners.

The Rich Tompkins Multi-Sport Athletic Award provides an opportunity to recognize student athletes who have excelled in a variety of athletic, academic, school and community endeavors. Only student athletes who participated in a minimum of three seasons of interscholastic athletics in each of four years are considered for the award can be nominated by their school administration.

Award winners are determined by earning the most points as established through a rubric which includes athletic accomplishments, athletic leadership, school involvement, academic achievements, as well as, community involvement.

In 2023 there were 110 nominees for the award. All nominees will receive a certificate recognizing their accomplishments. The eight winners representing a boy and a girl from each class receive a plague.



The 2022-23 studentathletes that were selected as the State winners for the Rich Tompkins MHSCA Multi-Sport Athlete Award were:

Alexis Kozlowski of Gaylord High School Class A Girls

Ben Przytula of Gibraltar Carlson High School Class A Boys

Natasha Bickel of North Branch High School Class B Girls

Aiden Sullivan of ADA Forest Hill Eastern High School Class B Boys

Olivia Jubar of Unionville-Sebewaing Area High School Class C Girls

Noah Etnyre of Plymouth Christian Academy High School Class C Boys

Claire Molnar of Britton Deerfield High School Class D Girls

Simon Vinson of Colon High School Class D Boys



Rich Tompkins MHSCA Executive Director 2002-2015

THANK YOU: Chair Larry Merx, and committee Mark Holdren, Debbie Williams-Hoak, and Darrin Miller

Since the implementation of the Rich Tompkins Multi-Sport Athletic Award in 2015, we have received robust feedback on the impact of the program.





James M Okler, CMAA **Executive Secretary:** Mark F. Holdren

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Service Award

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Steve Porter, Darrin Millar &

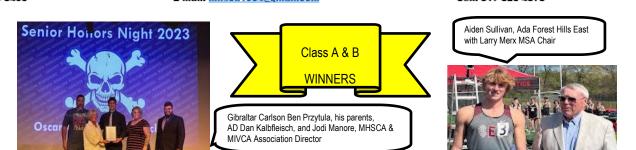
Sue Miller **Understanding & Appreciating** Interdependence & Mental

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## The Rich Tompkins Multi-Sport Athletic Award 2022-23 State Finalists

Class B Male

Class A Male School Name		
Owosso	Alex	Binger
Gull Lake	Noah	Blake
Anchor Bay	Brandon	Busuttil
Hudsonville	Mason	Dykstra
Bedford	Tommy	Huss
St Mary's Prep	Sean	Kinane
Portage Northern	Cane	Mack
Grandville	Tyson	Mann
Cousino	Avery	Mecher
Grand Blanc	Joe	Nemecek
Cousino High School	Christian	Purchase
Kalamazoo Loy Norrix	James	Rocco
Gaylord	Louden	Stradling
St Clair shores Lakeview	Keegan	Tackett
Jenison	Brendan	Wangler
Class A Female School Name		

Concorrunte		
Royal Oak	Jane	Barnett
Hudsonville	Jenna	Blum
Grandville	Kylee	Devries
Traverse City Central	Catelyn	Heethuis
Saline High School	Payton	Maloney
Grand Blanc	Jacqueline	Towarnicky
Owosso	Lily	Usher

School Name Vicksburg Muskegon Oakridge Dundee Imlay City Saginaw Swan Valley Constantine Hillsdale Parma Western Ludington Grand Rapids South Christian Fremont Three Rivers **Big Rapids** Orchard View Notre Dame Redford Union Tecumseh Waterford Kettering

#### Class B Female

School Name Three Rivers Detroit Cody Dearborn Divine Child Ludington Almont Grand Rapids Christian Boyne City Armada Lansing Catholic Muskegon Oakridge Hillsdale Imlay City Freeland Tecumseh **Big Rapids** 

Grant	Anderson
Matthew	Danicek
Jacob	Fenbert
Beau	Hund
Drew	Kaeckmeister
Carter	McGee
Peter	Moore
Caden	Oliver
Lucas	Peterson
Cam	Post
Michael	Romero
Lloyd	Ruesink
Brody	Sleeper
Korbin	Tenbrink
Paul	Valentino
Noah	Walters
Ryder	Zajac
Zarek	Zelinski

Gabby	Charvat
Aveona	Edwards
Hannah	Glowzinski
Annie	Kline
Grace	Koenig
Katelyn	LaRue
Ava	Maginity
Brooklyn	Pratt
Hannah	Pricco
Andrea	Romero Serra
Megan	Rufenacht
Natalie	Stone
Haven	Vasold
Chesney	Wilke
Jenna	Williams





#### May 2023

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Doug Haggart Past President

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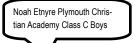


Photo credit to: Charles McGathy

Class D Female School Name

## The Rich Tompkins Multi-Sport Athletic Award 2022-23 State Finalists

Class C Female School Name		
Kent City	Lexie	Bowers
Cass City	Saylar	Cuthrell
Watervliet	Samantha	Dietz
Ravenna	Emma	Gillard
Vassar Kalamazoo Christian Carson City-Crystal	Jenna Aubrey Aubrey	Gleeson Herder Hessbrook
Saranac Shelby	Madeleine Aubrey	Hill Klotz
Dansville	Kourtney	Mack
Clawson	Kenzie	McMillan
Ithaca Manchester Bronson	Natasha Alexis Haylie	Nowakowski Sloan Wilson







Class C Male School Name

Bangor	Daniel	Adams
Shelby	Carson	Clayes
Clawson	Kyle	Gougeon
Brown City	Callen	Hagey
Ravenna	Hunter	Hogan
Benzie Central	Cael	Katt
Kent City	Zane	Kik
Bronson LakeVille Memorial	Perry Blake	Lake Lalonde
Kent City Kalamazoo Christian	Kyler Jason (JJ)	Larson Manion
lthaca Manchester Carson City-Crystal Fennville Unionville-Sebewaing	Charlie Jaxon Oisin Benjamin Dirk	Martyn McGuigan O'Grady Peterson Rierson
Dansville	Zachary	Sykes
Concord	lsaac	Waldron
Vassar	Nathan	Whitney
Watervliet	Tyson	Williams

Morrice	Makenzie	Doerner
Leland	Bridgette	Duncan
Cardinal Mooney Muskegon Catholic	Rebecca	Goulette
Central	Claire	LaVigne
Dryden	Rilynn	Lindsay
Parkway Christian	Carlee	Morgan
Hillsdale Academy	Megan	Roberts
Morenci	Rachel	Shoemaker
Lenawee Christian	Avery	Sluss
St. Patrick High	Natalee	Teachworth
Huron Valley Lutheran	Erika	Van Loton

Class D Male School Name		
Martin	James	Blackburn
Ashley	Logan	Drummond
Morrice	Travis	Farrow
Cardinal Mooney	Brendan	Haisenleder
Petersburg - Sum- merfield Muskegon Catholic	Bryce	Kalb
Central	Samuel	Kartes
Buckley	Jackson	Kulawiak
Morenci	Landon	Mansfield
Austin Catholic	Anthony	Pizzo
Lawrence	John	Schuman
Hillsdale Academy	Conner	Welden



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The Michigan Interscholastic Volleyball Coaches Association has over 1200 members, consisting of 450+ head coaches, HS assistants, MS coaches, ADs, HOF honorees, and an increasing number of Boys' Volleyball Coaches.

Members are eligible for several honors including Hall of Fame recognition, nomination for MHSCA, NFHS, and NHSACA Coach of the Year (COTY), Region COTYs at the varsity, sub-varsity and MS levels, Final Four COTYs, and Coach of the Week.

If their coaches are MIVCA members, player awards include "Ms. Volleyball", Team and Individual Academic All-State certificates, 608 All-Region players named, 228 All-State honorees, Grants and Scholarships, and Final 4 pins. In addition 32 Michigan coaches and 73 athletes received national recognition through our affiliation with the American volleyball Coaches Association (AVCA).

MIVCA has begun the process of updating our charter to ensure that it provides for the best organizational structure, functions, procedures and wording to reflect changes we have made (website, social media, etc.), and will be making with the growth of Boys Volleyball.

We want to improve the representation across the state and increase the opportunities for our membership coaches to be involved in leadership and service roles in our association.

A survey will be sent out to members for their feedback and to indicate their interest in serving on a committee.

The MIVCA clinic was held at Midland HS on February 24-25. The theme was "MAC Attack" and the WMU and CMU volleyball staffs were the lead clinicians and several other college and HS coaches also presented.

There was a wide range of topics on the court and in the classroom for both boys and girls volleyball. Coach Laura Cleveland was inducted into the Hall of Fame.

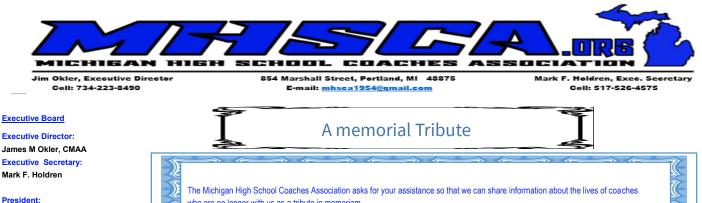




The MHSFCA recently selected 16 aspiring head coaches and coordinators to take part in the Leadership Development Alliance program in June. The course, designed after the AFCA's prestigious 35 Under 35 program, is a multi-day, intensive program designed to assist with the professional development of coaches focused on leadership and mentorship while giving them unique access to some of the top coaches and administrators that Michigan has to offer.







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MIVCA: Volleyball MWA: Wrestling The Michigan High School Coaches Association asks for your assistance so that we can share information about the lives of coaches who are no longer with us as a tribute in memoriam.
Please help us by forwarding as much of the following information as you are able to Jim Okler at MHSCA1954 @ gmail.com.
The school/s at which they coached.
The sports coached. The years they coached.

The MHSCA will share, when possible, the information with our membership on a regular basis. We hope this memorial tribute will be a meaningful way to help us remember, grieve and celebrate the lives of those coaches lost from our ranks. Note: As this is a new initiative, frequency and manor of the memorial tribute may be subject to revision.



Thomas George Spas was born in Monroe, Michigan, on July 15, 1954. Tom attended Monroe Catholic Central High School, graduating with the class of 1972. He continued his education at Monroe County Community College, obtaining his associate degree in 1974. He declined a playing contract with Detroit Tigers Baseball, opting instead to pursue his vocation as an educator. Tom enrolled at Eastern Michigan University in Ypsilanti, earning a bachelor's degree in 1976 and his master's degree in 1983. Tom's life revolved around education and sports. He began his teaching tenure in 1976 at Monroe St. John Grade School, where he taught seventh and eighth grade, coached volleyball and softball, and was the program director for the Monroe Family YMCA. After two years of teaching grade school, he returned to his alma mater, Monroe Catholic Central, and St. Mary Academy. With an impressive career spanning various roles and responsibilities, Tom's journey as an athletic director showcases his exceptional dedication and expertise. He embarked on this path by serving as the Athletic Director at Monroe Catholic Central, where he excelled in this role and shared his extensive knowledge as a teacher in English. Physical Education, and Health. In addition, his coaching prowess extended to football basketball baseball and track & field. Tom's impact went beyond the athletic realm, as he also assumed Attendance Director and Locker Room Club moderator positions while actively participating in the SMA Athletic Parent Group. In 1985, he embraced new challenges as the Assistant Principal for Monroe Catholic Central, which continued after the consolidation with St. Mary Academy. During this period, his responsibilities broadened to encompass being Athletic Director and Physical Education and Health teacher, overseeing building and grounds, serving as Transportation Director, acting as the Booster Club Moderator, and coaching tennis, golf, and wrestling. Tom's devotion and tireless efforts had a profound impact on the athletic department and student-athletes. His meticulous planning, staging, and creation of various community and donor pro-

gramming were instrumental in securing millions of dollars in contributions to enhance athletic programs and provide valuable opportunities for students. However, his journey didn't end there. He later assumed the role of Executive Director of the Huron League, a position he held until his retirement in 2021. As the league's Executive Director, he oversaw the scheduling of all athletic sporting events, demonstrating exceptional organizational skills and a commitment to promoting athletic excellence throughout the league. Tom's career as an athletic director is a testament to his unwavering dedication and ability to excel in various capacities, leaving an indelible mark on the institutions and communities he served. Tom was a member of the National Interscholastic Athletic Administrators Association, where he became a National Certified Athletic Administrator in 1999, the Michigan Association of Pupil Transportation, the Michigan Association of Secondary Principals, and the Michigan Interscholastic Athletic Administrators Association. Tom earned several awards throughout

his illustrious teaching and administrative career. He was awarded the Monroe Family YMCA Youth Service Award in 1976. In 1999 he attained National Certified Athletic Administrator status and was named the Michigan Interscholastic Athletic Administrators Association Athletic Director of the Year. He received the 2006 Monroe Rotary Club Service Above Self Award. Tom was inducted into the St. Mary Catholic Central High School Athletic Hall of Fame in 2015. When Tom found moments of respite from coaching, teaching, and attending sporting events, he took pleasure in working around the yard, nurturing and tending to his beloved garden. In the company of his wife, Alice, he cherished the simple joys of dining out together, sharing meals, and creating cherished memories at various local establishments.

Tom, aged 68, peacefully passed away

on Sunday, May 14, 2023, in the comfort of his home, cradled in his wife's arms, following a prolonged illness. He was surrounded by his loving family and received care from Hospice of Michigan. His parents preceded his passing. A Celebration of Tom's Life will be held from 11:00 am to 3:00 pm on Saturday, May 27th, at 129 Lounge on Front Street in Monroe, MI. In place of flowers, the family wishes memorial contributions be made to the Huron League Tom Spas Multi -Sport Scholarship fund at the link listed below: https:// gofund.me/79946c96

In Memory of Thomas George "Tom" Spas

1954 - 2023



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We are also now on Facebook!



tion	MELETING AN UNER	
Coaches Clinic/Events	GENERAL LIABILITY INSURANCE PROGRAM	CAMP INSURANCE
MIAAA: March 15-18, 2024 at Grand Traverse	As a membership benefit, coverage is provided by the Com	mercial Today, most Coaches are involved in some type of spor
Summer Workshop June 27-29 2023 at Mt. Pleasant	General Liability Policy issued to the National Organizat Coaches Association Directors. This policy will provide p liability coverage to the Michigan High School Coaches Asso and its members.	tion of Please note that our General Liability Program follows general members while working at camps and/or conducting th
Baseball: January 12 & 13, 2024 at Soaring Eagle, Mt. Pleasant	CARRIER	In addition, Participant/Accident Coverage is required for and/or participants. Should an accident occur during a can or event, this secondary coverage helps offset the loss suf families affected by such accidents.
BCAM-Basketball: September 30—October 1	HDI Global Specialty (A Rated)	NEW PROCEDURE FOR CAMP INSURANCE
2023 at Oakland University.	POLICY PERIOD	As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrent
Bowling : October 2023 @ TBA	August 1, 2021 – August 1, 2022	General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability from potential claims, the insurance company has mandate all coaches must obtain signed waivers and provide
MITCA: Cross Country: 2023 November 9-11th	LIMITS OF INSURANCE	Participant/Accident insurance for their participants.
Mt. Pleasant, Comfort	\$1,000,000 Each Occurrence	In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following m
Competitive Cheer: October 2023	\$2,000,000 General Aggregate (per Member \$1,000,000 Products/Completed Operations	s in place:
	\$1,000,000     Personal & Advertising Injury       \$ 300,000     Fire Damage       \$ 50,000     Sexual Abuse (per Member)	<ul> <li>Waivers: Signed waivers showing indemnification la</li> <li>Participant/Accident Insurance: You must have</li> <li>Participant/Accident coverage in place for all partici</li> </ul>
Football: January 11-13, 2024 at Lansing Center	Excluded Medical Payments	attending sports camps.
	COVERAGES	PURCHASE INSURANCE
Golf: February 2023, Clinic, East Lansing, Au- gust 2023, Clinic, COTY, HOF Banquet, Golf, Treetops Resort	Educator Professional Liability     Participant Legal Liability for insured members	Camp Insurance Request form is available on our <u>www.loomislapann.com</u>
Gymnastics : October 2023 TBA	<ul> <li>Liability assumed under insured written contract</li> <li>Defense Cost outside limits</li> </ul>	INSURANCE ADMINISTRATOR
	EXCLUSIONS	LOOMIS & LAPANN, INC.
Ice Hockey October, 2023 & once a month clinic on Sunday nights. See MIHCA Website	The use of automobiles, buses, watercraft and aircraft	INSGRANCE SINCE 1852 <u>www.loomislapann.com</u> (P) 800-566-6479   (F) 518-792-3426
Men's Lacrosse: January 18-20 2024 Baltimore Convention Center Baltimore, MD	<ul> <li>Property of others in the care, custody, and control insured.</li> <li>This insurance does not apply to members that coach at Star game that is not approved by your state of</li> </ul>	an All- Greg Joly gjoly@loomislapann.com
Skiing: October, 2023 @ TBA	association. This insurance does not apply to any loss, cost or e arising out of infectious or communicable disease.	xpense Disclaimer: This is an insurance overview for summary purp
Softball: January 12 & 13, 2024 at Mt. Pleasant, Comfort Inn		only; for complete policy terms and conditions please refer NOCAD Master Policy.
Sports SAGES: March 2024 Boyne Mountain		
	MHSCA Membershi	p Benefits
Swimming: September 2023 Site:	•	
	vides member sport associations another vehi- coverage is pr	rance: 'As a membership benefit, rovided by the Commercial General issued to the National Organization     Coach from your association is nominated
Tennis: January 26, 27, 2024 Site Hope College	year the MHSCA makes a presentation to the of Coaches A MHSAA Representative Council representing policy provide	sociation Directors (NOCAD). This your sport association through the MHSC sociation Directors (NOCAD). This your sport association through the MHSC ss \$1,000,000 (\$2,000,000 aggre- ber liability coverage to only mem- recognition.
Track & Eight: January 25, 26, 8, 27, 2024 at	Coaching Longevity Awards: Beginning with ciation that	chigan High School Coaches Asso- pay for the additional coverage CA member sond associations ** membership into the National High Sci
Track & Field: January 25, 26, & 27 2024 at Lansing, Crowne Plaza Lansing West	years, coaches receive recognition for their New membrar years of coaching (10-25 years eam certific cates, 30-45 years receive plaques, and at 50 pay their mem years a coach will receive a special crystal ton through A recognition).	<ul> <li>taking the NOCAD insurance liabil- recovered on the first date that they abending dues to their sport associa- ugust 1. Membars whose sport as- their for their insurance coverage</li> <li>NHSACA Coach of the Year Recognit Each year one coach from your sport associa- tion can be nominated through the MHSCA</li> </ul>
Volleyball: February 2024 at TBA	MHSUA Coach of the Year Recognition:     I if they become the second from your association is chosen by your association to be recognized ance premium at the MHSCA State Coach of the Year for coverage in but the second se	<ul> <li>real are covered August i—August i—</li></ul>
Wrestling:	MHSCA Hall of Fame: Each year up to 15     the "Coaches	nation on the mhsca.org website in s Corner' drop down link titled Coaches Association Hall of Fame.
Nov. 2023 See MWA website	tion into the MHSCA Hall of Fame. The Hall is an actual physical entity that is located on the commune of Central MHSCA Hall of Fame. He hall is recognizes at	ns Multi-Sport Award: This award Netes that have participated in at
NHSACA Convention: Lincoln Nebraska	the Student Activity Center at the entrance of high school. A the old Rose Arena. In addition to meeting the established cited the individual's exort asso-	A sports per year for the 4 years of coaching, serving, supporting, and/or lear NI nominees receive a high quality high school athletic programs. The nomina e boy and one girl from each of the process runs through the MHSCA.
July 24-27	ciation must be a member association within plaque and a	f schools (A, B, C, D) will receive a a scholarship (f eligible) as the Tompkins State Multi-Sport Athlete MHSCA has the opportunity to have on their members receive this award every



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May Newsletter from the

Greetings everyone, It is May, and the spring season is in playoff mode, another exciting time of the year.

It is also exciting for NHSACA as we head towards our summer convention in Lincoln.

Darin Boysen has put together a great array of speakers for another great clinic. Several of the finalists will be speaking, and you can find out when and where by going to the following website: https:// ncacoach.org/clinic/ Dave continues his work on the convention and informs us that it is progressing at the usual rate.

Thank you all for your help in making this a great convention.

The executive committee met via zoom on April 30th with several good discussions about the convention and future dates and responsibilities for the organization. The budget is in good shape going into the convention.

A policy will need to be reshaped or cleared up for the number of hall of fame members that associations are allowed to nominate now that we allow single-sport associations from one state to be members of NHSACA. The policy committee will be working on this task.

Responsibilities were delegated for the banquets and updates were given on future sites for our national conventions. Registrations are being made at the usual rate.

It is very important for everyone to get registered and book rooms before dates expire for the reserved blocks. Sports chairs, please continue to remind your coach of the year finalists to register.

For those of you who know the hall of fame inductees in your area, please contact them to see if they have made their arrangements.

The hall of fame inductees will again be staying at the Hyatt Place Lincoln Downtown Haymarket Hotel. It is one block north of the banquet hall.

A social event is planned for them on Monday at the hotel from 3:15 to 4:45pm. You are all welcome. Following the social the board and guest dinner is scheduled for 5:00 to 6:30pm at the Hudl corporate facility at 600 P St. on the top floor.

A tour of Memorial Stadium will be provided at 7:00pm; everyone will need to make his\her own arrangements for transportation to each event.

Memorial Stadium is located at 600 Stadium Drive, just a few blocks north of Hudl.



I hope to update you on where we can park at the stadium.

The banquets are in the same location as two years ago, a remodeled train station across the street from the new Hudl facility in the Hay-market in Lincoln, Nebraska.

The name of the facility is the Lincoln Station Great Hall, and the address is 201 N 7th St. Lincoln NE.

The first banquet will be the Hall of Fame Banquet on Tuesday, July 25th. The social will run from 5:00 to 6:00pm to be followed by The NHSACA Hall of Fame Induction Dinner at 6:00pm.

The NHSACA National Coach of the Year Banquet and Ceremonies will be held at the same location on July 27 at 5:00pm with a social preceding at 4:00pm.

If any of you or your family members would like to honor us and America by singing the National Anthem, please email me as soon as possible rockyruhl@gmail.com.

I am looking for a vocalist each night, or the same person can sing both nights. It has been an enlightening year serving as president of a great organization.

The only way we can keep things going is through you. Your dedication to NHSACA is exceptional.

I appreciate all you do for NHSACA and keep up the good work! Let's have a great convention in Lincoln in July.



LINCOLN, NEBRASKA 2023



Jim Okler, Executive Director Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875 E-mail: mhsca1954@gmail.com

Mark F. Holdren, Exec. Secretary Cell: 517-526-4575

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**MIAAA: Athletic Directors** MHSBCA: Baseball BCAM: Basketball MHSIBCA: Bowling CCCAM: Competitive Cheer MHSFCA: Football MIGCA: Golf MHSGCJA: Gymnastics MHSHCA-Ice Hockey MHSLCA: Men's Lacrosse MHSSCA: Skiing MHSSCA: Softball MISCA: Swimming & Diving MHSTeCA: Tennis MITCA: Track & Field & **Cross Country** MIVCA: Volleyball

MWA: Wrestling



# mental health foundation of west michigan

## what does it mean to be nice.? notice what is right or different invite yourself to start a conversation challenge the stigma empower yourself and others with knowledge

ACTION CONFIDENCE **KNOWLEDGE** 

160 68th St. SW Suite 120 Grand Rapids, MI 49548 ifo@benice.org | 616.389.8601

Contact the Mental Health Foun-

dation of West Michigan

#### physical

- Lack of hygiene, personal appearance
- Fatigue, lack of energy
- Overeating or loss of appetite
- Weight loss or gain

Headaches

Unexplained aches or pains

Below are signs and symptoms of a mental illness like depression or anxiety. A change in someone's behavior, physical appearance, or psyche lasting two weeks or longer could be a developing mental health concern.

#### behavioral

- Quitting favorite sport/hobby
- Avoiding social interaction
- Sudden/unlikely drug or alcohol use
- Cry frequently for no reason

Neglect responsibilities, loss of motivation Can't sleep or sleep constantly

#### psychological

- . Acting out, aggressive, quick to anger
- Heightened sadness, guilt, indecisiveness
- Lack of emotional responsiveness
  - Frequent self-criticism
  - Hopelessness, loneliness Thoughts of death or suicide



#### Executive Board

Executive Director: James M Okler, CMAA Executive Secretary: Mark F. Holdren

#### President:

Darrin Millar 1st Vice President Dave Kowalski 2nd Vice President Ron Landfair 3rd Vice President Doug Haggart Past President Debbie Williams-Hoak

#### Executive Committees

Rich Tompkins Multi-Sport Athlete Award Larry Merx

Service Award Steve Porter

Constitution

Kim Spalsbury

Finance

Steve Porter, Darrin Millar & Sue Miller

Understanding & Appreciating Interdependence & Mental Health

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MIVCA: Volleyball MWA: Wrestling Dear Coach, here are some spring discounted opportunities for business or pleasure, you can use as a member of MHSCA for your joint membership with the National High School Athletic Coaches Association. Enjoy discounts, just enroll to receive free perks like: National High School Athletic Coaches Association Savings and Solutions Program

Phone 1-800-MEMBERS (800-636-2377) M - F 8 a.m. - 5 p.m. ET Email: <u>enroll@1800members.com</u>



May is Small Business Month and as a valued MHSCA member, we want to help you celebrate!

Whether you own a small business, work for one or love to support them, our ODP Business Solutions<sup>™</sup> Savings Program has the resources you need to keep business going.

Use your member-only savings to get deals on everyday essentials. Plus, enjoy the convenience of free next-business day delivery\* on qualifying orders within local delivery areas.

Need it fast?

Make your purchase online and get free in-store or curbside pickup.\*\*

Shop Now [Link to odpbusiness.com/nhsaca]

Maximize Your Savings with These Coupons: Get up to \$50 off qualifying online orders. Exclusions Apply. See coupon for details. Offer valid thru 05/30/2023.

## [Link to <u>bit.ly/odpcoupons</u>]

Save on Everyday Essentials Hot Paper Deals: \$35.45 Sale on Boise® X-9® Multi-Use Print & Copy Paper, Item #196517, Reg. \$91.39. (You save \$55.94), while supplies last.

Everyday Essentials:

o \$4.59 / Box Sale on Office Depot® Brand File Folders, 1/3 Cut, Letter Size, 30% Recycled, Manila, Pack Of 100, Item #810838, Reg. \$14.39. (You save \$9.80), while supplies last.

o \$23.12 Sale on Office Depot® Brand #10 Security Envelopes, Clean Seal, White, Box of 500, Item #633984, Reg. \$57.39. (You save \$34.27), while supplies last.

Gallagher

o \$31.20 Sale on Duracell® Coppertop AA Alkaline Batteries, Pack of 24, Item #458914, Reg. \$35.99. (You save \$4.79), while supplies last.

Katharine Ziegler (she/her) Marketing Account Manager

G Gallagher Affinity

D 571.282.2472 O 800-636-2377

Katharine\_Ziegler@ajg.com

You can upload files <u>here</u>.







Cell: 734-223-8490

E-mail: <u>mhsca1954@qmail.co</u>

Cell: 517-526-4575

#### Executive Board

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#### President:

Darrin Millar **1st Vice President** Dave Kowalski 2nd Vice President Ron Landfair **3rd Vice President** Doug Haggart Past President Debbie Williams-Hoak

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#### **Rich Tompkins Multi-Sport** Athlete Award Larry Merx

Service Award Steve Porter

Constitution

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	SEND TO: Hall of Fame O 854 Marshall Street, P OR E-MAILTO: <u>mhold</u>	ortland, MI 48875
MIPHIEAN MED SPURM. PRAPUPS ASSAPIATING		
	OFFICE LISE CHL/	

## HALL OF FAME APPLICATION

DRUPPORT LETTERS.

 Gender:

Criteria for MHSCA Hall of Fame Application: Only persons who have coached and/or directed a secondary school athletics (6-12) program for 20 years or more and actively coached in the state of Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member in "good standing" in their sport's association prior to application. In addition, preference will be given to individuals who have met the previous criteria and have been inducted into their own sport association's Hall of Fame.

Applications must have two letters of support in order to complete the application process.

NOMINEE CONTACT INFORMATION:		D	ate of Birth:	_//
Name of Nominee:		Phone:		
Home Address:	City:		State:	Zip:
Nominee E-mail: (please print carefully)				
NOMINATOR'S CONTACT INFORMATION: The nominator the application, as well as, arranging for two letters of suppo			nominee to comp	plete all sections of
Name of Nominator:		Phone:		
Home Address:	City:		State:	Zip:
Nominee E-mail: (please print carefully)				
CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED:				
School		Year's at Scho	ol:	
Address	City		State	Zip
Current Athletic Director Name:		Phone:		
Athletic Director E-Mail Address				
ONLY LIST A SECOND S	CHOOL IF THERE IS AN EQUAL	AFFILIATION**	•••••	
School		Year's at Scho	ol:	
Address	City		State	Zip
Current Athletic Director Name:		hone:		
Athletic Director E-Mail Address				
DI FASE COMDIE	TE THE BACKSIDE OF	THIS DAG		



Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875 E-mail: mhsca1954@gmail.com

Cell: 517-526-4575

Page 2 of 3

#### Executive Board

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President:
Darrin Millar
1st Vice President
Dave Kowalski
2nd Vice President
Ron Landfair
3rd Vice President
Doug Haggart
Past President

#### Executive Committees

Debbie Williams-Hoak

Rich Tompkins Multi-Sport				
Athlete Award Larry Merx	COACH OF THE YEAR	Name of the Recognition-Sport (Lansing State Journal Dream Team-Softball)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Service Award Steve Porter	Area / Newspaper / County / All Star			
Constitution				
Kim Spalsbury	League			
Finance	°			
Steve Porter, Darrin Millar & Sue Miller	District / Regional			
Understanding & Appreciat- ing Interdependence & Mental Health	State			
Ron Landfair &	National			
Debbie Williams- Hoak			_	
	Other			
Member Associations				
MIAAA: Athletic Directors	TEAM RECOGNITIONS: Please	provide all information for all sports coached during your o	areer. Do not	use abbreviations.
MHSBCA: Baseball		Name and Sport	Times	Years

MHSBO BCAM: Basketball MHSIBCA: Bowling CCCAM: Competitive Cheer MHSFCA: Football MIGCA: Golf **MHSGCJA: Gymnastics** MHSHCA-Ice Hockey MHSLCA: Men's Lacrosse MHSSCA: Skiing MHSSCA: Softball MISCA: Swimming & Diving MHSTeCA: Tennis MITCA: Track & Field & **Cross Country MIVCA: Volleyball** MWA: Wrestling

CONCINING CONCENTE: Please provide as information for an sports concine during your career. Do not use apprendictions.						
Years Coached (e.g.: 1995-2003)	Sport Coached (e.g.: Boys Basketball)	Level (e.g.: Junior Varsity)	# of Seasons (e.g.= 0)			

COACH OF THE YEAR RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name and Sport (Michigan Wrestling Association—Regional Coach of the Year)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)				
League (Conference) Championships							
District Titles							
Regional Títles							
State Finishes							
Other (e.g.: MHSAA Sportsmanship Award)							
Career Varsity Record	Sport: Win:		Loss: Tie:				
	Sport: Win:		Loss: Tie:				
PLEASE COMPLETE THE NEXT PAGE							



Jim Okler, Executive Director Cell: 734-223-8490 854 Marshall Street, Portland, MI 48875 E-mail: <u>mhsca1954@gmail.com</u> Mark F. Holdren, Exec. Secretary Cell: 517-526-4575

signature

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Rich Tompkins Athlete Award	Multi-Sport
Athlete Award	
Larry Merx	

Service Award Steve Porter

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MWA: Wrestling

	Page 3 of 3
NDIVIDUAL ATHLETES COACHED: Please prov	ide all information for all sports coached during your career. Do not use abbreviations.
	Information-cumulative totals of each category
All State Individual (medalists only)	
Individual State Champions	
Elite Athletes Coached (e.g.: Mr. Wrestler, Detroit Free Press All-State, All American)	
All State Individuals (coaches selections)	
Other:	

SPORT -LEADERSHIP ROLES AND CONTRIBUTIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name of the Leadership Role or Contribution (e.g.: Lansing State Journal Dream Team)	Times (e.g.: ax)	Years (e.g.: 1997, 1999, 2001)
Area/League Officer			
Sport Association Board Member			
MHSAA Committees			
National Committees			
Sport Association Clinic Presenter			
Other			

COACHING HALL OF FAME RECOGNITIONS: Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name of Hall of Fame and Sport (Use complete name of recognitionno abbreviations)	Year (e.g.: 1997)
Area / School / Booster Club / Other Hall of Fame		
State Sport Association Hall of Fame		
National Sport Association Hall of Fame		

My signature adknowledges that the information provided on this application is true and accurately reflects my coaching career.

THANK YOU FOR COMPLETING THE HALL OF FAME APPLICATION



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President:

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Service Award

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MWA: Wrestling

#### MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE 10/15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD GENERAL REQUIREMENTS

 The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. \*The AD or principal's signature confirms this.

Ten (10) years of coaching outside of the state of Michigan may be applied to the application.

 Coaching at any level may be applied if it is a <u>school sponsored</u> interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.

 To receive a <u>general</u> coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of <u>years</u>.

To receive <u>specific</u> certificates for a single sport the candidate must qualify for the specified number of <u>years</u> in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys' and girls' basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

#### PROCEDURE FOR RECEIVING AWARD

· Complete the application forms (2) and mail to: Steve Porter, Years of Service Awards

- 1250 Mooreville Rd. Milan, Mi. 48160, or E-mail to: coachporter51@gmail.com
- Certificates will be sent to your home address. Please allow four (4) weeks for processing.

Plaques will be mailed to your home address. Please allow six (6) weeks for processing

### MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

15 Years20 Years25 Years	:30 Years	_35 Years	40 Years _	45 Years50 Years
Name (as it is to appear on award)				
Best Phone	Email Addres	s:		
Home Address				
Home City	_Home State	_ Home Zip _		
Michigan High School Sports Association	on:			(MITCA, BCAM, etc.)
Signature of Coach				
Signature of AD or Principal *		Phone	Number:	
Printed Name of Administrator:		Ema	ail:	

Send Completed form to: Steve Porter, Years of Service Awards 1250 Mooreville Rd. Milan, Mi. 48160

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA



#### Executive Board

Executive Director:		NA	ME:					
James M Okler, CMAA Executive Secretary:			COACHINGS	ERVICE AWARD	WO	RKSHEE		
Mark F. Holdren			COACHINGO				•	
		O a la sa l				0		
President:		School	<b>A</b> 1 1	• •		School	<b>A</b> 1 1	• •
Darrin Millar		Year	School	Sport		Year	School	<u>Sport</u>
1st Vice President		(Example)	(Example)	(Example)		(Example)	(Example)	(Example)
Dave Kowalski 2nd Vice President		1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC	BBSK
Ron Landfair		1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN	BBSK
3rd Vice President	3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS	BBSK
Doug Haggart								
Past President		1960-61				2000-2001		
Debbie Williams-Hoak		1961-62				2001-2002		
		1962-63				2002-2003		
Executive Committees		1963-64				2003-2004		
		1964-65				2004-2005		
Rich Tompkins Multi-Sport Athlete Award		1965-66				2005-2006		
Larry Merx		1966-67			-	2006-2007		
Service Award		1967-68				2000-2007		
Steve Porter		1968-69				2007-2008		
Constitution								
Kim Spalsbury		1969-70				2009-2010		
Finance		1970-71				2010-2011		
Steve Porter, Darrin Millar &		1971-72			_	2011-2012		
Sue Miller		1972-73				2012-2013		
Understanding & Appreciat-		1973-74				2013-2014		
ing Interdependence & Mental Health		1974-75				2014-2015		
Ron Landfair &		1975-76				2015-2016		
Debbie Williams- Hoak		1976-77				2016-2017		
		1977-78				2017-2018		
Member Associations		1978-79				2018-2019		
MIAAA: Athletic Directors		1979-80				2019-2020		
MHSBCA: Baseball		1980-81						
BCAM: Basketball		1981-82					SPORT CODE	
MHSIBCA: Bowling		1982-83				BSB, BBSI	K, GBSK, BBWL, GBWL	, CHR, BCC, GCC
CCCAM: Competitive Cheer		1983-84				FB, BGLF,	GGLF, GYM, HCK, BLA	X, GLAX, BSKI, GSKI,
MHSFCA: Football		1984-85				BSCR, GS	CR, SFB, BSWM, GSW	M, BTEN, GTEN,
MIGCA: Golf		1985-86				BTRK, GTR	RK, VB, WR	
MHSGCJA: Gymnastics		1986-87				,		
MHSHCA-Ice Hockey		1987-88				SC	HOOL or SERVICE CO	DF
MHSLCA: Men's Lacrosse		1988-89					(Example)	-
MHSSCA: Skiing		1989-90				MCHS	Mt. Clemens HS	
MHSSCA: Softball		1990-91				USAF	US Air Force	
MISCA: Swimming & Diving		1991-92				0071	00 All I Olce	
MISCA: Swimming & Diving MHSTeCA: Tennis		1991-92			-			
MITCA: Track & Field &					_			
		1993-94			-			
Cross Country		1994-95						
MIVCA: Volleyball		1995-96						
MWA: Wrestling		1996-97						
		1997-98						
		1998-99			-			

1999-2000



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Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.

The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academically, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- · To recognize a person who has positively impacted interscholastic athletics in a significant way.
- · To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- · To confirm and honor a superior servant by his/her peers and colleagues.
- · To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of
   excellence in promoting, supporting or contributing to interscholastic athletics.

#### Required information for completed application:

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation: Email: Mobile Phone Nominated by: Email: Mobile Phone: I believe this nominee is worthy of receiving this award for the following reasons: (attach separate) Completed application can be submitted to MHSCA1954@gmail.com



JIM OKLER. EXECUTIVE DIRECTOR CELL: 734-223-8450 854 MARSHALL STREET, MI 48875 E-MAIL: MISCAISSA@GMAIL.COM

## **Sponsorship Opportunities**

Active Link on the MHSCA Website: (July 1-June 30) \$1,000.00

- · Your company's web page linked to the MHSCA website's homepage
- · Name of company, logo and short description of products/services
- Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:
- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00
- MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page
- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet
- Sponsor a Hall of Fall or Coach of the Year inductee:
  - 1 Sport \$100.00 2 Sports\$ 500.00 3 Sports \$ 1000.00 4 Sports\$ 2500.00 (Buy 3, get 1 Free)

All 15 Sports \$10,000.00 (\$4,000.00 savings)

- $\cdot$  Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- · Two (8) Complimentary tickets to the Awards Banquet

- · Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet
- · Recognition/Advertising in Coach of the Year Awards Program
- · Complimentary exhibit booth during the awards day banquets
- · Active link on MHSCA website

Sponsor a MHSCA Service Awards Station: \$300.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.
- · Presentation of the Service Award at the Coach of the Year Awards banquet
- · Placement of your company's Logo on award certificates and plagues.
- · Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet
- · Placement of your company's marketing materials on table in serving area
- · Complimentary exhibit booth during the awards day banquets
- · Active link on MHSCA website.
- Sponsor a Hospitality Station (assessable to all registrants and guests): \$300.00
- · Company signage promoting your company as the sponsor of this event
- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet
- · Placement of your company's marketing materials on table in serving area
- **MHSCA Contact Information:**

Mark Holdren, Executive Secretary 845 Marshall St. Portland, MI 48875

Phone: 517.526.4575

[ELL: 517-526-4575

MARK F. HOLDREN, EXEC. SECRETAR

The MHSCA Board of Directors Meetings & Events

- Board of Directors Fall Board Meeting September 17, 2023
- Hall of Fame Banquet September 17, 2023 @ CMU Board of Directors Winter Board Meeting & COTY Banquet November 12, 2023 @ Lansing Area
- MHSCA Finance Committee meeting, March 3, 2024 @ conducted virtual
- Board of Directors Spring Board Meeting March 03, 2024 conducted virtual



## MHSCA Sponsors







GATORADE



Executive Director James M. Okler, CMAA MHSCA1954@gmail.com