



NIAAA Coaches Education Committee

JUNE 2023

NEWS BRIEF

EDITION 8 VOL 12



Chairperson's Monthly Message

This will be our last correspondence of the school year. I hope you found them to be enjoyable and informative. I want to thank everyone who contributed to our News Briefs. The benefits of your contributions can never be overstated. I encourage athletic directors to continue to provide various resources over the summer break for your coaches to be even more effective when they return to school. Suggestion, raffle-off several coaching related books at your end of the year coaches' meeting. My coaches truly appreciated this and it served as a spring board for discussion at our preseason meeting in September. I always found the summer break to be the best time to pick up "that book" that I couldn't get to during the school year. If you have already conducted your commencement exercises, I hope they went smoothly and it was an enjoyable and memorable event for your seniors and their families. I wish you and your family a safe, healthy and enjoyable summer.

Timeout, high school sports fans!
How can you #BenchBadBehavior?

- ✓ Respect opponents
- ✓ Respect officials
- ✓ Respect coaches
- ✓ Respect each other

Respect is fundamental to competition.



COURSE SPOTLIGHT

THE PARENT SEAT

Free Course: The Parent Seat

Your student's high school years will provide a lifetime of memories and experiences. How do you want your student to remember this experience?



2022-23 Section Representatives

- Section 1: Ted D'Alessio, Ed.D, CMAA (NJ) - Chair
- Section 2: Matt George, RAA (PA)
- Section 3: Dan Talbot, CMAA (FL)
- Section 4: Brittany Spencer Grant, CMAA (WI)
- Section 5: Casey Meile, CAA (SD)
- Section 6: Open
- Section 7: Caesar Smith, CMAA (CA)

- Section 8: Jaime Cabral (AK)
- Past Chair: Bobby Guthrie, CMAA (NC)
- NFHS Education Director: Dan Schuster, CMAA (IN)
- NIAAA Board Liaisons:
 - Steve Throne, CMAA (NE)
 - Mike Mossbrucker, CMAA (IN)
 - Deren Oshiro, CMAA (HI)

The Truth About Sports Parents

Source: [I Love To Watch You Play](#)



This video is some feedback from youth athletes discussing how they feel about their parents while they participate in sports. It ends with a message of appreciation from the athletes for their parents.

Something small is greater than nothing great.

Sports Parents, remember to celebrate the little victories with your child. They are in every game!



The Parents' Playbook

Source: [InSideOut Initiative](#)



This video is a discussion with high school students. They asked them—why they play, how they feel about parental pressure, and what kind of support they need before, during, and after the game.

The Importance of Parental Involvement in Youth Sports

Source: [National Academy of Athletics](#)

When it comes to the impact they have on their child's team sports experience, parents should not underestimate their influence. Children learn from watching others and copying the behavior they see demonstrated. It is most often the parent who is the first person to introduce a child to sports, and parental involvement can affect whether a child enjoys the experience or not. The more positive and fun the parents attitude is about playing sports, the more their child will have interest.

We all know the story of Goldilocks and the Three Bears. She came to the house and tried the beds - one was too hard, one was too soft, and one was just right. Believe it or not, this is exactly how many parents are with their child when they participate on a youth sports team.

The parent that is too hard on their child to win or be successful will chase them away from falling in love and wanting to play - the child will want to quit. The parent that is too soft or not engaged will actually teach their child that practice commitments and community involvement are not important and the child will lose interest. The parent that realizes the value of the experience for their child and volunteers to coach a team and support the league - their child feels supported, learns responsibility, and tends to thrive.

The Place of Winning

"Winning on the professional level is required. Winning at the collegiate level has become expected. Winning on the high school level should be a pleasant by-product of what you're really supposed to be doing, which is developing young people into productive citizens".

~ Robert Kanaby, Former Executive Director of the NFHS.

The Purpose of the Coaches Education Committee

1. **Connect** with as many athletic directors as possible nationwide.
2. **Communicate** the CE mission through our monthly News Brief during the school year.
3. **Promote** the many benefits a comprehensive CE program can have on your school and community.