

# The Michigan Coach

THE OFFICIAL PUBLICATION OF THE MICHIGAN HIGH SCHOOL COACHES ASSOCIATION

MICHIGAN HIGH SCHOOL COACHES ASSOCIATION  
854 Marshall street, Portland 48875

## mhsca

Founded: August 15, 1955

### EXECUTIVE BOARD

**Executive Director**  
James M. Okler,

Email: [MHSCA1954@gmail.com](mailto:MHSCA1954@gmail.com)

**Executive Secretary**  
Mark Holdren

Email: [mholdren.11@gmail.com](mailto:mholdren.11@gmail.com)

**President**  
Darrin Millar

**1st Vice President**  
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**3rd Vice President**  
Doug Haggart

**Past President**  
Debbie Williams-Hoak

### MEMBER ASSOCIATIONS

**MIAAA: Athletic Directors**

**MHSBCA: Baseball**

**BCAM: Basketball**

**MHSBCA: Bowling**

**CCCAM: Competitive Cheer**

**MHSFCA: Football**

**MIGCA: Golf**

**MHSGCJA: Gymnastics**

**MHSHCA: Men's Ice Hockey**

**MHSLCA: Men's Lacrosse**

**MHWLCA: Women's Lacrosse**

**MHSSCA: Skiing**

**MHSSCA: Softball**

**MISCA: Swimming & Diving**

**MHSTeCA: Tennis**

**MITCA: Track & Field &  
Cross Country**

**MIVCA: Volleyball**

**MWA: Wrestling**

### CONTACT INFORMATION

**WEBSITE:** [mhsca.org](http://mhsca.org)

**PHONE:** 517-526-4575

## MHSCA-Rich Tompkins-Multi-Sport Athlete Award 2023

The Michigan High School Coaches Association will present the sixth annual Multi-Sport Athlete Award Program to athletes in Michigan High Schools in the spring of 2023.

The Multi-Sport Athlete Award Program was initiated in the spring of 2015 to recognize the accomplishments of eight (one male and one female from each of the four school classes).

The purpose of the award is to emphasize that the MHSCA recognizes the value of student athletes' participation in a variety of school sports and other school and community activities – and encourages that participation.

As you know, research shows that:

\*A student who participates in one extracurricular activity will have a higher GPA than a student who does not participate in any extracurricular activities.

\*A student who participates in two extracurricular activities will have a higher GPA than a student who participates in only one.

\*A student who participates in three extracurricular activities will have a higher GPA than the student who participates in two.



\*Another study has shown that more than 50% of NFL players played more than one sport in high school.

**Awards:** All eligible nominees will receive a certificate acknowledging their Rich Tompkins Multi-Sport Athlete Award. One female and one male in each class (A, B, C, D) will be selected as the top nominee in the state.

These award winners will be presented a plaque and a scholarship recognizing their achievement. When possible, state-wide awards will be presented at senior or Spring sport events at the award winners' high schools

Criteria for recognition as an MHSCA, Rich Tompkins Multi-Sport Athlete Award:

The athlete must participate in a school sponsored athletic sport in In each of the three seasons (Fall, Winter and Spring)

In each of their four high school years (9th, 10th, 11th and 12th).

Each school is eligible to nominate ONE male and ONE female athlete.

**Nominations:** All nominations must be submitted by the school's Athletic Administrator or a school principal.

**Scholarship - Best of the Best** (One female and one male in each class (A, B, C, D)

This year's Best of the Best winners will be presented with a plaque recognizing their accomplishment and a scholarship check for \$250. Presentations will be made at a spring sports event or a senior event at their school or, if this is not possible, the awards will be shipped to the school for presentation to the student.

Submitting the nomination form is easy - online at: <https://forms.gle/cevGt1AcU989mB597>



#### 2022 Multi-Sport Athlete Award Winners

Maria Millado from Marquette High School Class A Girls

Tyler Roberts from Kalamazoo Loy Norrix High School Class A Boys

Emma Kerkau from Frankenmuth High School Class B Girls

Brett Peterson from Kingsley High School Class B Boys

Jaydin Cary from Bronson High School Class C Girls

Cole Giesige from Ottawa Lake Whiteford High School Class C Boys

Naomi Foley from Westland Huron Valley Lutheran High School Class D Girls

Even Mick from Sterling Heights Parkway Christian High School Class D Boys



Nominations for the 2023 Multi-Sport Athlete Award will be submitted using a Google Form.

That form will accept nominations starting 15 March.

Nominations will close on 15 April.

Submitting the nomination form is easy - online at: <https://forms.gle/cevGt1AcU989mB597>





Jim Okler, Executive Director  
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875  
E-mail: [mhsca1954@gmail.com](mailto:mhsca1954@gmail.com)

Mark F. Holdren, Exec. Secretary  
Cell: 517-526-4575

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**Rich Tompkins Multi-Sport Athlete Award**  
Larry Merx

**Service Award**  
Steve Porter

**Constitution**

Kim Spalsbury

**Finance**

Steve Porter, Darrin Millar & Sue Miller

**Understanding & Appreciating Interdependence & Mental Health**

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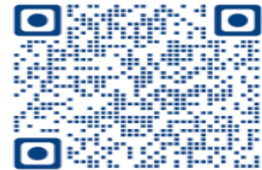


**Rich Tompkins Multi-Sport Athlete Award**

**NOMINATIONS CLOSE • 15 April 2023**

**Nominations at:**  
<https://forms.gle/cevGt1AcU989mB597>  
Or Scan Code at Right

TO OPEN NOMINATION FORM  
SCAN THIS CODE:



*Each school in the state of Michigan is eligible to submit one female and one male athlete.*

**Criteria:**

- Each athlete must have participated in a minimum THREE school sponsored sports in all FOUR years of high school AT ANY LEVEL - Frosh, JV, Varsity. \*Excluding COVID Spring Season 2020.
- Applications must be submitted ONLINE by April 15.

**Who Can Submit a Nomination**

- Nominations must be made in the name of the school's athletic Administrator or a school principal.

**Award Levels:**

- All nominees who meet the basic criteria will receive a certificate in acknowledgement.
  - **State-Wide Award:**
    1. If they believe their nominee/s may be the most accomplished of all qualified nominees of their gender and school class (A, B, C, D) in the State of Michigan. Nominators will have the option to proceed to part two of the Nomination Form and include additional information about their candidate/s,
    2. One female and one male athlete in each class will be selected for the State-Wide award.
    3. Awards will be presented (whenever possible) during a Senior or Spring Sports event at the student's high school.
- \*State-Wide Award winners will also receive a Rich Tompkins MHSCA scholarship.

**To Complete the Online Nomination Form – Collect the Following Information:**

**Nominator's**

- School Phone number
- Email address

**Athlete's**

- Address
- Phone number
- Email address

**School's**

- Name
- Address
- Class (A B C D)

**Athlete's**

- Academic Rank
- GPA
- Academic Honors
- Test Scores (ACT &/or SAT)
- Fall, Winter and Spring Sports & years participated in each (9, 10, 11, 12)

**For Part Two/Best is State Consideration**

- Individual honors won in Fall, Winter, and Spring Sports and years in which each were won

**Team's**

- Honors won by athlete's Fall, Winter & Spring teams

**Athlete's Additional Accomplishments**

- Other School Awards
- Community Activities
- Community Awards
- Post High School Plans

**Nominations must be submitted ONLINE ONLY by 15 April**

*Nominators: Must be an Athletic Administrator or School Principal.*

*By signing completing the form, the nominator declares*

*that the nominated athlete is a student of very good standing in their school and community.*

**Nomination form @ <https://forms.gle/cevGt1AcU989mB597> or scan code above.**

**Nomination form will be available starting: 15 March and MUST Be Completed by 15 April**

Questions: [LarryMerx@gmail.com](mailto:LarryMerx@gmail.com)

**Multi-Sport Chair Position**

The Board of Directors of the Michigan High School Coaches Association is seeking a highly motivated, responsible, and organized individual for the position of Multi Sport Chair. The multi sport chair will report directly to the Board of Directors.

Job responsibilities include, but are not limited to, the following:

Dealing with a variety of parent, athletic director and coach inquires.

Organizational skills to

complete background work of MSA

Dealing with payment for scholarship funds

Working with the post office to do mailings.

Doing all bookkeeping using current software.

Organizing a seasonal award presentation and Distribution of MSA awards - when appropriate and necessary.

Creating and sending out email blasts to association members for

MSA events and membership reminders.

Creating and printing of all materials for the Annual MSA information.

Serve as a direct liaison between the association and the MHSCA Board of Directors.

Coordinate with MHSCA Media chair to post and maintain information on webpage.

Coordinate with MHSCA for housing and travel for any events

in conjunction with the MSA for board members.

Coordinate with MHSCA BOD chairs and monitor process to communicate MSA awards information.

Exercise fiscal responsibility by operating within approved budget and established guidelines.

The individual chosen as the Multi Sport Chair must have strong Interpersonal communication skills (verbal and written) and the ability to disseminate information in a timely manner.

Letter of interest should be sent to President, Debbie Williams Hoak ([MHSca1954@gmail.com](mailto:MHSca1954@gmail.com)) no later than March 12, 2023.



# MHSTeCA

## MHSTeCA HALL OF FAME

### CLASS OF 2023

*ERIC GAJAR.....Ann Arbor Greenhills*  
*JUDY JAGDFELD.....Hartland*  
*TERRY SCHWARTZKOPF.....Midland HH Dow*  
*SCOTT SYMONS.....Saginaw Nouvel Catholic Central*

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##### Rich Tompkins Multi-Sport Athlete Award

Larry Merx  
**Service Award**  
 Steve Porter

##### Constitution

Kim Spalsbury

##### Finance

Steve Porter, Darrin Millar & Sue Miller

##### Understanding & Appreciating Interdependence & Mental Health

Ron Landfair & Debbie Williams- Hoak

#### SELECTION REQUIREMENTS

Must have coached high school tennis in the state of Michigan for 20 years or more as a head coach and/or assistant coach.

Must be a coach who has worked cooperatively with fellow coaches for the advancement of the game of tennis and the coaching profession.

Must receive 3/4 majority of the selection committee who are in attendance for the vote. The selection committee is made up of the past presidents and current officers of the MHSTeCA.

May be considered even if he/she has not met the established criteria. The selection committee may consider coaches with an outstanding record of achievement even if it does not strictly adhere to the above provisions for induction.

May nominate himself/herself after he/she has coached 20 years. In addition, a coach is eligible for nomination if the number of years he/she has served, added to the number of years he/she has retired, equal 20 or more.

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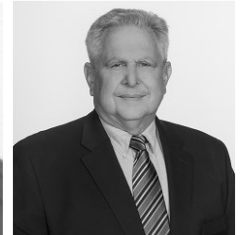
Eric Gajar  
Ann Arbor Greenhills



Judy Jagdfeld  
Hartland



Terry Schwartzkopf  
Midland HH Dow



Scott Symons  
Saginaw Nouvel Catholic Central

Go to the Michigan High School Coaches Associations website with a snapshot of your cell.

⇒ Open up your cell phone Using the picture app our your QR reader on your phone, check out the latest MHSCA.com





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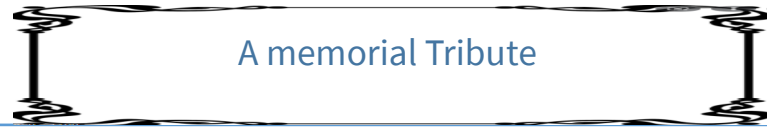
MHSTeCA: Tennis

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A memorial Tribute

The Michigan High School Coaches Association asks for your assistance so that we can share information about the lives of coaches who are no longer with us as a tribute in memoriam.

Please help us by forwarding as much of the following information as you are able to Jim Okler at [MHSca1954@gmail.com](mailto:MHSca1954@gmail.com).

1. The school/s at which they coached.
2. The sports coached. The years they coached.

The MHSCA will share, when possible, the information with our membership on a regular basis. We hope this memorial tribute will be a meaningful way to help us remember, grieve and celebrate the lives of those coaches lost from our ranks. Note: As this is a new initiative, frequency and manor of the memorial tribute may be subject to revision.

# MHSCA COACHING RECOGNITION

The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career.

\*The AD or principal's signature confirms this.

Ten (10) years of coaching outside of Michigan may be applied to the application. Coaching at any level may be applied as long as it is a school sponsored interscholastic sport.

To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.

To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys and girls basketball during the same school year counts as "1" year; coaching both 7th grade boys and JV boys during the same school year counts as "1" year.

Up to three (3) years may be included for active duty military service which delayed or interrupted an applicant's coaching career.

Awards for 30 years and more (plaque) will have the sports that the candidate coached listed on the plaque.

The coach will be presented only one award for each level of service after 30 years.

For more information go to [www.mhsca.org](http://www.mhsca.org) or contact Steve Porter at

E-mail to: [coachporter51@gmail.com](mailto:coachporter51@gmail.com)



Follow us on Twitter @MHSCA1

We are also now on Facebook!



The Michigan Athletic Trainers Society (MATS) is excited to announce we are seeking nominations for our 2021 Honors and Awards.

Please take a moment to review the various recognition categories and criteria below for an athletic trainer that you know.

March is National Athletic Training Month and this years theme is "Essential to Healthcare".

The many essential contributions of an athletic trainer as a licensed healthcare provider occur behind the scenes, away from public view.

Opportunities such as this help recognize and promote the contributions of those individuals who contribute so much to those they serve.

Award applications are due by March 31, 2023 and the honorees will be awarded at our annual Professional Education Conference in June 2023. Your consideration for this call are greatly appreciated.

Award information: MATS Honors Information - <https://www.michiganatsociety.org/honors-awards-committee>

Award application link: MATS Honors Application - [https://docs.google.com/forms/d/e/1FAIpQLSfm4WzGjenzFCvm\\_i7YnQ1BdCyQ7rYjgchdctJMNDi87yIiyQ/viewform?gxids=7628](https://docs.google.com/forms/d/e/1FAIpQLSfm4WzGjenzFCvm_i7YnQ1BdCyQ7rYjgchdctJMNDi87yIiyQ/viewform?gxids=7628)

If you have any questions, especially to help verify current MATS membership, please let us know at [MATS.SSATC@gmail.com](mailto:MATS.SSATC@gmail.com). Other awards questions and supporting documentation can sent to [MATS.HONORS@gmail.com](mailto:MATS.HONORS@gmail.com).

For additional information on the Michigan Athletic Trainers Society, please check out our website, [www.MichiganATSociety.org](http://www.MichiganATSociety.org).

<b>Michigan High School Sport Association</b>
<b>Coaches Clinic/Events</b>
MIAAA: March 15-18, 2024 at Grand Traverse
Summer Workshop June 27-29 2023 at Mt. Pleasant
Baseball: January 12 & 13, 2024 at Soaring Eagle, Mt. Pleasant
BCAM-Basketball: September 30—October 1 2023 at Oakland University.
Bowling : October 2023 @ TBA
MITCA: Cross Country: 2023 November 9-11th Mt. Pleasant, Comfort
Competitive Cheer: October 2023
Football: January 11-13, 2024 at Lansing Center
Golf: February 2023, Clinic, East Lansing, August 2023, Clinic, COTY, HOF Banquet, Golf, Treetops Resort
Gymnastics : October 2023 TBA
Ice Hockey October, 2023 & once a month clinic on Sunday nights. See MIHCA Website
Men's Lacrosse: January 18-20 2024 Baltimore Convention Center Baltimore, MD
Skiing: October, 2023 @ TBA
Softball: January 12 & 13, 2024 at Mt. Pleasant, Comfort Inn
Sports SAGES: March 2024 Boyne Mountain
Swimming: September 2023 Site:
Tennis: January 26, 27, 2024 Site Hope College
Track & Field: January 25, 26, & 27 2024 at Lansing, Crowne Plaza Lansing West
Volleyball: February 2024 at TBA
Wrestling: Nov. 2023 See MWA website
NHSACA Convention: Lincoln Nebraska July 24-27



**GENERAL LIABILITY INSURANCE PROGRAM**

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Michigan High School Coaches Association and its members.

**CARRIER**

HDI Global Specialty (A Rated)

**POLICY PERIOD**

August 1, 2021 – August 1, 2022

**LIMITS OF INSURANCE**

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

**COVERAGES**

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

**EXCLUSIONS**

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

**CAMP INSURANCE**

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

**NEW PROCEDURE FOR CAMP INSURANCE**

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

**PURCHASE INSURANCE**

- ❖ Camp Insurance Request form is available on our website: [www.loomislapann.com](http://www.loomislapann.com)

**INSURANCE ADMINISTRATOR**

**LOOMIS & LAPANN, INC.**

INSURANCE SINCE 1852

[www.loomislapann.com](http://www.loomislapann.com)  
(P) 800-566-6479 | (F) 518-792-3426

Greg Joly  
Lori George  
Karen Boller

[gjoly@loomislapann.com](mailto:gjoly@loomislapann.com)  
[lgeorge@loomislapann.com](mailto:lgeorge@loomislapann.com)  
[kboller@loomislapann.com](mailto:kboller@loomislapann.com)

*Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.*

# Coaching Recognition

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March Newsletter from the



Our national executive board met this last Sunday via Zoom. During which, we discussed our awards selections, status in the Coach of the Year process, a new educational professional development course for the fall, and our quarterly newsletter.

We have chosen recipients for the Carey E. McDonald and Dwight T. Keith awards but are still working on the Kathy Holloway Women of Inspiration Award. Currently, the COTY selections are going through evaluations. The NHSACA sport chairs and Hall of Fame committee are busy working with the finalists to help them prepare and register for our convention in July.

This fall, a professional development course will be offered through Wayne State College for one graduate credit hour at \$75. More information will be coming.

The second quarterly newsletter is being compiled with content and will be ready to send out soon.

You can register for the summer convention on the NHSACA webpage (nhsaca.org/convention) as well as find the hotel information and convention schedule. NHSACA apparel can also be ordered through the webpage.

As March Madness ramps up, another Super Bowl is already in the books. While watching the Super Bowl this year, I found myself observing the coaches, one in the early stages of his career

and the other nearing the end. This reminded me of a lot of the coaches I've coached with and against, some just beginning and some veteran coaches. And even though some of those coaches were fierce rivals on the field, some of those same coaches were my best friends off the field. A brutal battle under the Friday Night Lights ended with a brotherly hug at the fifty-yard line.

These relationships may have begun or deepened through sport associations/organizations and at conferences and clinics, where studying the game and debating x's and o's created more than a game plan I could apply in the next season. I always knew that attending these functions was important in developing my individual and team coaching skills, but what I didn't realize is how these people would become my family.

These associations/organizations were not only important for networking throughout my entire coaching career but became even more valuable during my battle with the toughest opponent, cancer. Now, five years later, I call it a win.

We all know that our association is no stranger to heartbreak as we just recently lost an incredibly precious member of this family. Danell was truly an inspiration in so many ways and our thoughts and prayers are with Dave and his family. In her faith, she found victory, although we feel the loss. In sports and in life, we have wins and, unfortunately, losses, but the people we share this with can build us up and hold us up.

So, strange as it may sound, my takeaway from the Super Bowl this year was to remind everyone to encourage other

coaches not yet participating in their local, state, or national associations/organizations to get involved. Whether it's through a conversation or forwarding your newsletters, please, pass on these thoughts.

The United Soccer Coaches said it best, "The networking opportunities alone will make an impact on your career. You will create and build relationships with new, like-minded coaches and form friendships that will last a lifetime. You will also be able to meet up with coaching friends, colleagues, and contacts that you may only get to see once a year."

The time invested in attending and being involved in coaching associations/organizations will impact every aspect of your life.

The National High School Athletic Coaches Association is dedicated to serving High School Coaches and Athletic Directors throughout the United States through education, recognition, and support. Our goal is to promote high school athletics, provide professional services to our member coaches while providing opportunities for all high school coaches. The NHSACA provides resources to promote professional growth, and attitude of teamwork, sportsmanship and healthy lifestyles for Athletes, Coaches, and Athletic Directors.





Jim Okler, Executive Director  
Cell: 734-223-8490

854 Marshall Street, Portland, MI 48875  
E-mail: [mhsea1954@gmail.com](mailto:mhsea1954@gmail.com)

Mark F. Holdren, Exec. Secretary  
Cell: 517-526-4575

Executive Board

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**Rich Tompkins Multi-Sport Athlete Award**  
Larry Merx  
**Service Award**  
Steve Porter  
**Constitution**  
Kim Spalsbury  
**Finance**  
Steve Porter, Darrin Millar & Sue Miller  
**Understanding & Appreciating Interdependence & Mental Health**

Ron Landfair &  
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Member Associations

- MIAAA: Athletic Directors
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- MHSIBCA: Bowling
- CCCAM: Competitive Cheer
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- MHSSCA: Softball
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- MHSTeCA: Tennis
- MITCA: Track & Field & Cross Country
- MIVCA: Volleyball
- MWA: Wrestling



**be nice.**  
mental health foundation of west michigan

**what does it mean to be nice.?**  
**notice** what is right or different  
**invite** yourself to start a conversation  
**challenge** the stigma  
**empower** yourself and others with knowledge



Contact the Mental Health Foundation of West Michigan  
[160 68th St. SW Suite 120 Grand Rapids, MI 49548](http://160.68th.St.SW.Suite.120.Grand.Rapids.MI.49548)  
[info@benice.org](mailto:info@benice.org) | 616.389.8601

**physical**

- Lack of hygiene, personal appearance
- Fatigue, lack of energy
- Overeating or loss of appetite
- Weight loss or gain
- Headaches
- Unexplained aches or pains

*Below are signs and symptoms of a mental illness like depression or anxiety. A change in someone's behavior, physical appearance, or psyche lasting two weeks or longer could be a developing mental health concern.*

**behavioral**

- Quitting favorite sport/hobby
- Avoiding social interaction
- Sudden/unlikely drug or alcohol use
- Cry frequently for no reason
- Neglect responsibilities, loss of motivation
- Can't sleep or sleep constantly

**psychological**

- Acting out, aggressive, quick to anger
- Heightened sadness, guilt, indecisiveness
- Lack of emotional responsiveness
- Frequent self-criticism
- Hopelessness, loneliness
- Thoughts of death or suicide



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Dear Coach, here are some discounted opportunities for business or pleasure, you can use as a member of MHSCA for your joint membership with the National High School Athletic Coaches Association. Enjoy discounts, just enroll to receive free perks like: National High School Athletic Coaches Association Savings and Solutions Program  
Phone 1-800-MEMBERS (800-636-2377) M - F 8 a.m. - 5 p.m. ET  
Email: [enroll@1800members.com](mailto:enroll@1800members.com)

Member Benefits  
866.446.7554  
collette  
Collette Tours Travel Destinations

Spring is a great opportunity to declutter and organize your space. It is also the perfect time to restock your work or home essentials.

By taking inventory of what you have and what you need, you can ensure that you're prepared for the busy spring and summer months ahead.

From paper, ink and toner to cleaning and breakroom supplies, use your 1-800-MEMBERS savings and get deals on top must-haves without overspending.

Plus, you'll **enjoy the convenience of free next-business day delivery\*** on qualifying orders within local delivery areas.

**Need it faster?** Buy online and pick your order up in-store or curbside.\*\* Spring is a great opportunity to declutter and organize your space. It is also the perfect time to restock your work or home essentials. By taking inventory of what you have and what you need, you can ensure that you're prepared for the busy spring and summer months ahead.

From paper, ink and toner to cleaning and breakroom supplies, use your MHSCA savings and get deals on top must-haves without

overspending.

Plus, you'll enjoy the convenience of free next-business day delivery\* on qualifying orders within local delivery areas.

Need it faster? Buy online and pick your order up in-store or curbside.\*\*

Shop Now [Link to [odpbusiness.com/nhsaca](http://odpbusiness.com/nhsaca)]

Maximize Your Savings with These Coupons: Get up to \$50 off qualifying online orders. Exclusions Apply. See coupon for details. Offer valid thru 04/24/2023. [Link to [bit.ly/odpcoupons](http://bit.ly/odpcoupons)]

Featured Deals to Keep You Productive

•Hot Paper Deals: \$35.45 Sale on Boise® X -9@ Multi-Use Print & Copy Paper, Item #196517, Reg. \$91.39. (You save \$55.94), while supplies last.

•Cleaning Solutions: \$25.69 Sale on High-mark ECO Paper Towels, 100% Recycled, Item #694185, Reg. \$45.59. (You save \$19.90), while supplies last.

•Everyday Essentials: \$4.04 Sale on Pure Life® Purified Water, 16.9 Oz, Case of 24 Bottles, Item #620007, Reg. \$16.99. (You save \$12.95), while supplies last.

Have questions about your ODP Business Solutions Savings Program? Call: 1-800-MEMBERS (636-2377), M-F, 8am -5pm  
Email: [enroll@1800members.com](mailto:enroll@1800members.com) | 1667 K St. NW, Suite 1270, Washington, DC 20006

ODP Business Solutions updates pricing, product, and service assortment on a regular basis as a result of a variety of factors, including, but not limited to, market and competitive forces, and reserves the right to change pricing and product assortment at any time without notice. Offers are non-

Katharine Ziegler (she/her)  
Marketing Account Manager



D 571.282.2472  
O 800-636-2377  
[Katharine.Ziegler@ajj.com](mailto:Katharine.Ziegler@ajj.com)  
You can upload files [here](#).







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MHSSCA: Softball

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MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

		SEND TO: Hall of Fame Chair—Mark F. Holdren 854 Marshall Street, Portland, MI 48875 OR E-MAIL TO: <a href="mailto:mholdren.11@gmail.com">mholdren.11@gmail.com</a>	
HALL OF FAME APPLICATION		OFFICE USE ONLY APPLICATION: _____ SUPPORT LETTERS: _____	Gender: _____
<p>Criteria for MHSCA Hall of Fame Application: Only persons who have coached and/or directed a secondary school athletics (6-12) program for 20 years or more <u>and</u> actively coached in the state of Michigan for a minimum of 10 years are eligible for the MHSCA Hall of Fame. The applicant must have been a member in "good standing" in their sport's association prior to application. In addition, preference will be given to individuals who have met the previous criteria and have been inducted into their own sport association's Hall of Fame.</p> <p style="text-align: center;"><u>Applications must have two letters of support in order to complete the application process.</u></p>			
<p><b><u>NOMINEE CONTACT INFORMATION:</u></b> <span style="float: right;">Date of Birth: ____ / ____ / ____</span></p> <p>Name of Nominee: _____ Phone: _____</p> <p>Home Address: _____ City: _____ State: _____ Zip: _____</p> <p>Nominee E-mail: (please print carefully) _____</p>			
<p><b><u>NOMINATOR'S CONTACT INFORMATION:</u></b> The nominator is critical in working with and encouraging the nominee to complete all sections of the application, as well as, arranging for two letters of support to be sent to the Hall of Fame Chair.</p> <p>Name of Nominator: _____ Phone: _____</p> <p>Home Address: _____ City: _____ State: _____ Zip: _____</p> <p>Nominee E-mail: (please print carefully) _____</p>			
<p><b><u>CONTACT INFORMATION FOR SCHOOL MOST AFFILIATED:</u></b></p> <p>School _____ Year's at School: _____</p> <p>Address _____ City _____ State _____ Zip _____</p> <p>Current Athletic Director Name: _____ Phone: _____</p> <p>Athletic Director E-Mail Address _____</p> <p style="text-align: center;">*****ONLY LIST A SECOND SCHOOL IF THERE IS AN EQUAL AFFILIATION*****</p> <p>School _____ Year's at School: _____</p> <p>Address _____ City _____ State _____ Zip _____</p> <p>Current Athletic Director Name: _____ Phone: _____</p> <p>Athletic Director E-Mail Address _____</p>			
PLEASE COMPLETE THE BACKSIDE OF THIS PAGE			



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MWLCA: Women's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSteCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

Page 2 of 3

**COACHING LONGEVITY:** Please provide all information for all sports coached during your career. Do not use abbreviations.

Years Coached (e.g.: 1995-2000)	Sport Coached (e.g.: Boys Basketball)	Level (e.g.: Junior Varsity)	# of Seasons (e.g.: 8)

**COACH OF THE YEAR RECOGNITIONS:** Please provide all information for all sports coached during your career. Do not use abbreviations.

COACH OF THE YEAR	Name of the Recognition-Sport (Lansing State Journal Dream Team-Softball)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area / Newspaper / County / All Star			
League			
District / Regional			
State			
National			
Other			

**TEAM RECOGNITIONS:** Please provide all information for all sports coached during your career. Do not use abbreviations.

	Name and Sport (Michigan Wrestling Association—Regional Coach of the Year)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
League [Conference] Championships			
District Titles			
Regional Titles			
State Finishes			
Other (e.g.: MHSAA Sportsmanship Award)			
Career Varsity Record	Sport: _____	Win: _____	Loss: _____ Tie: _____
	Sport: _____	Win: _____	Loss: _____ Tie: _____

**PLEASE COMPLETE THE NEXT PAGE**



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**INDIVIDUAL ATHLETES COACHED:** Please provide all information for all sports coached during your career. Do not use abbreviations.

Information—cumulative totals of each category	
All State Individual (medalists only)	
Individual State Champions	
Elite Athletes Coached (e.g.: Mr. Wrestler, Detroit Free Press All-State, All American)	
All State Individuals (coaches selections)	
Other:	

**SPORT LEADERSHIP ROLES AND CONTRIBUTIONS:** Please provide all information for all sports coached during your career. Do not use abbreviations.

Name of the Leadership Role or Contribution (e.g.: Lansing State Journal Dream Team)	Times (e.g.: 3x)	Years (e.g.: 1997, 1999, 2001)
Area/League Officer		
Sport Association Board Member		
MHSAA Committees		
National Committees		
Sport Association Clinic Presenter		
Other		

**COACHING HALL OF FAME RECOGNITIONS:** Please provide all information for all sports coached during your career. Do not use abbreviations.

Name of Hall of Fame and Sport (Use complete name of recognition—no abbreviations)	Year (e.g.: 1997)
Area / School / Booster Club / Other Hall of Fame	
State Sport Association Hall of Fame	
National Sport Association Hall of Fame	

My signature acknowledges that the information provided on this application is true and accurately reflects my coaching career.

\_\_\_\_\_ signature

**THANK YOU FOR COMPLETING THE HALL OF FAME APPLICATION**



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MICHIGAN HIGH SCHOOL COACHES ASSOCIATION/GATORADE  
10/15/20/25/30/35/40/45/50 YEAR COACHING SERVICE AWARD  
GENERAL REQUIREMENTS

- The candidate must have distinguished himself/herself with good coaching ethics and promoted good sportsmanship throughout his/her coaching career. \*The AD or principal's signature confirms this.
- Ten (10) years of coaching outside of the state of Michigan may be applied to the application.
- Coaching at any level may be applied if it is a school sponsored interscholastic sport. A maximum of ten (10) years may be allowed for coaching at the collegiate level.
- To receive a general coaching certificate the candidate must have been coaching at least one sport per year at any level for the requested number of years.
- To receive specific certificates for a single sport the candidate must qualify for the specified number of years in that sport.

This can be at any level. You cannot however count more than one level or season for a sport in any one year.

For example, coaching both boys' and girls' basketball during the same school year counts as "1" year; coaching both 7<sup>th</sup> grade boys and JV boys during the same school year counts as "1" year.

Awards for 30 years and more will have the sports that the candidate coached listed on the plaque. The coach will be presented only one award for each level of service after 30 years.

PROCEDURE FOR RECEIVING AWARD

- Complete the application forms (2) and mail to: Steve Porter, Years of Service Awards
  - 1250 Mooreville Rd. Milan, Mi. 48160, or E-mail to: coachporter51@gmail.com
  - Certificates will be sent to your home address. Please allow four (4) weeks for processing.
- Plaques will be mailed to your home address. Please allow six (6) weeks for processing

MHSCA APPLICATION FOR YEARS COACHING SERVICE AWARD

\_\_\_ 15 Years \_\_\_ 20 Years \_\_\_ 25 Years \_\_\_ 30 Years \_\_\_ 35 Years \_\_\_ 40 Years \_\_\_ 45 Years \_\_\_ 50 Years

Name (as it is to appear on award) \_\_\_\_\_

Best Phone \_\_\_\_\_ Email Address: \_\_\_\_\_

Home Address \_\_\_\_\_

Home City \_\_\_\_\_ Home State \_\_\_\_\_ Home Zip \_\_\_\_\_

Michigan High School Sports Association: \_\_\_\_\_ (MITCA, BCAM, etc.)

Signature of Coach \_\_\_\_\_

Signature of AD or Principal \* \_\_\_\_\_ Phone Number: \_\_\_\_\_

Printed Name of Administrator: \_\_\_\_\_ Email: \_\_\_\_\_

Send Completed form to: Steve Porter, Years of Service Awards 1250 Mooreville Rd. Milan, Mi. 48160

The MHSCA Coaching Service Award is sponsored by GATORADE in cooperation with MHSCA



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MHSSCA: Skiing  
MHSSCA: Softball  
MISCA: Swimming & Diving  
MHSTeCA: Tennis  
MITCA: Track & Field & Cross Country  
MIVCA: Volleyball  
MWA: Wrestling

NAME: _____						
COACHING SERVICE AWARD WORKSHEET						
School	Year	School	Sport	School	Year	School
(Example)	(Example)	(Example)	(Example)	(Example)	(Example)	(Example)
1	1990-91	MCHS	FB, BBSK, BSB	4	1993-94	MACOMB CC
2	1991-92	USAF	Active Duty	5	1994-95	TOLEDO ST. JOHN
3	1992-93	MACOMB CC	BBSK	6	1995-96	MCHS
	1960-61				2000-2001	
	1961-62				2001-2002	
	1962-63				2002-2003	
	1963-64				2003-2004	
	1964-65				2004-2005	
	1965-66				2005-2006	
	1966-67				2006-2007	
	1967-68				2007-2008	
	1968-69				2008-2009	
	1969-70				2009-2010	
	1970-71				2010-2011	
	1971-72				2011-2012	
	1972-73				2012-2013	
	1973-74				2013-2014	
	1974-75				2014-2015	
	1975-76				2015-2016	
	1976-77				2016-2017	
	1977-78				2017-2018	
	1978-79				2018-2019	
	1979-80				2019-2020	
	1980-81					
	1981-82					
	1982-83					
	1983-84					
	1984-85					
	1985-86					
	1986-87					
	1987-88					
	1988-89					
	1989-90					
	1990-91					
	1991-92					
	1992-93					
	1993-94					
	1994-95					
	1995-96					
	1996-97					
	1997-98					
	1998-99					
	1999-2000					

**SPORT CODE**

BSB, BBSK, GBSK, BBWL, GBWL, CHR, BCC, GCC  
 FB, BGLF, GGLF, GYM, HCK, BLAX, GLAX, BSKI, GSKI,  
 BSCR, GSCR, SFB, BSWM, GSWM, BTEN, GTEN,  
 BTRK, GTRK, VB, WR

**SCHOOL or SERVICE CODE**

(Example)

MCHS	Mt. Clemens HS
USAF	US Air Force



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**Michigan High School Coaches Association Distinguished Service Award is one of our highest awards for service and contributions to sports in the state of Michigan.**

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The MHSCA Distinguished Service Award:

MHSCA recognizes individuals and organizations that have provided extraordinary service to educational athletics, the including the advancement student athletes, coaches, or those who serve interscholastic athletics through its Distinguished Service Awards.

The Distinguished Service Award (DSA) is given to a person (or persons), either volunteer or staff, who have exhibited valuable professional service (within the MHSCA or among its association membership) including academical-ly, supportive, service, assistance at any level of interscholastic athletics. These criteria are good measures of acceptable candidates and help to assure that recipients have a wide range of "service" that they provide to the profession of interscholastic athletics. Nominations should be submitted on an individual basis, not by a group or on behalf of constituent groups (conferences, affiliates, assemblies, committees, etc.).

The MHSCA Distinguished Service Award does not need to be awarded each year. This award should be bestowed only when the MHSCA Board of Directors committee decides that nominations warrant presentation of the award. This award may be given posthumously.

Why nominate a deserving candidate for the MHSCA Distinguished Service Awards:

- To recognize a person who has positively impacted interscholastic athletics in a significant way.
- To recognize institutions for their affiliation with individuals who demonstrate the highest level of professionalism and commitment to interscholastic athletics.
- To confirm and honor a superior servant by his/her peers and colleagues.
- To celebrate individuals who epitomize the profession's highest standards for interscholastic sports.
- To focus attention on the exemplary, and by doing so to elevate the profession overall and establish a high standard of excellence in promoting, supporting or contributing to interscholastic athletics.

Required information for completed application:

Name of MHSCA Distinguished Service Award Nominee:

School or Sport Affiliation:

Email:

Mobile Phone

Nominated by:

Email:

Mobile Phone:

I believe this nominee is worthy of receiving this award for the following reasons: (attach separate)

Completed application can be submitted to [MHSca1954@gmail.com](mailto:MHSca1954@gmail.com)

Executive Committees

**Rich Tompkins Multi-Sport Athlete Award**  
Larry Merx

**Service Award**  
Steve Porter

**Constitution**  
Kim Spalsbury

**Finance**  
Steve Porter, Darrin Millar & Sue Miller

**Understanding & Appreciating Interdependence & Mental Health**

Ron Landfair & Debbie Williams- Hoak

Member Associations

MIAAA: Athletic Directors

MHSBCA: Baseball

BCAM: Basketball

MHSIBCA: Bowling

CCCAM: Competitive Cheer

MHSFCA: Football

MIGCA: Golf

MHSGCJA: Gymnastics

MHSHCA-Ice Hockey

MHSLCA: Men's Lacrosse

MWLCA: Women's Lacrosse

MHSSCA: Skiing

MHSSCA: Softball

MISCA: Swimming & Diving

MHSTeCA: Tennis

MITCA: Track & Field &

Cross Country

MIVCA: Volleyball

MWA: Wrestling

## Sponsorship Opportunities

### Active Link on the MHSCA Website: (July 1-June 30) \$1,000.00

- Your company's web page linked to the MHSCA website's homepage
- Name of company, logo and short description of products/services

### Full page ads in MHSCA Hall of Fame or Coach of the Year Awards booklets:

- Newsletter Booklet (10 times a year) \$250.00
- Newsletter Booklet and Coach of the Year Awards Program or Hall of Fame Induction Ceremony Program Booklet \$400.00
- Newsletter Booklet, Coach of the Year Awards Program and Hall of Fame Induction Ceremony Program Booklet \$500.00

### MHSCA Board of Directors meetings or Hall of Fame or Coach of the Year table display or registrants' packet stuffer: \$100.00/page

- Your company's product/service information document (8.5"x11"), provided by the sponsor included in each registrant's packet

### Sponsor a Hall of Fall or Coach of the Year inductee:

- 1 Sport \$100.00
- 2 Sports \$ 500.00
- 3 Sports \$ 1000.00
- 4 Sports \$ 2500.00  
(Buy 3, get 1 Free)
- All 15 Sports \$ 10,000.00 (\$ 4,000.00 savings)

- Presentation of the Hall of Fame or Coach of the Year Award at the banquet
- Two (8) Complimentary tickets to the Awards Banquet

- Sponsor banner (2'x4') hung on wall in Banquet Room during Awards Banquet

- Recognition/Advertising in Coach of the Year Awards Program

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website

### Sponsor a MHSCA Service Awards Station: \$300.00

- Company signage promoting your company as the sponsor of this award at HOF & COTY banquets.

- Presentation of the Service Award at the Coach of the Year Awards banquet

- Placement of your company's Logo on award certificates and plaques.

- Recognition ad in the MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

- Complimentary exhibit booth during the awards day banquets

- Active link on MHSCA website.

### Sponsor a Hospitality Station (assessable to all registrants and guests): \$300.00

- Company signage promoting your company as the sponsor of this event

- Recognition ad in MHSCA Hall of Fame & Coach of the Year Program Booklet

- Placement of your company's marketing materials on table in serving area

### MHSCA Contact Information:

Mark Holdren, Executive Secretary  
845 Marshall St.  
Portland, MI 48875

Phone: 517.526.4575

### The MHSCA Board of Directors Meetings & Events

- Board of Directors Fall Board Meeting September 17, 2023
- Hall of Fame Banquet September 17, 2023 @ CMU Board of Directors Winter Board Meeting & COTY Banquet November 12, 2023 @ Lansing Area
- MHSCA Hall of Fame Committee Meeting, February 5, 2023 @ conducted **in person & virtual**— East Lansing HS
- MHSCA Finance Committee meeting, March 3, 2024 @ conducted **virtual**
- Board of Directors Spring Board Meeting March 03, 2024 conducted **virtual**



## MHSCA Sponsors



### Executive Director

James M. Okler, CMAA

MHSCA1954@gmail.com